



Iowa ACC FIT Virtual Echo Board Prep Series



# Diseases of the Aorta

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No relevant disclosures

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## Examination Content Outline

- I. **Physical Principles, Instrumentation, Examination Principles**
  - A. Routine Doppler Examination
  - B. Transesophageal Echocardiography, Intraoperative Echocardiography, and Catheter-Based Echocardiography (ICE)
  - C. Physical Principles of Ultrasound
  - D. Cross-Sectional Echocardiographic Examination
  - E. Principles of Doppler Flow Measurement
  - F. Cross-Sectional Scanning: Technical Principles and Instrumentation
  - G. Standard Plane Positions – Standard Imaging Planes
  - H. Doppler Instrumentation
  - I. Principles of Flow
  - J. Principles of Color Flow Mapping
  - K. M-Mode Echocardiography
  - L. Digital Image Processing
  - M. Doppler Signal Processing, Tissue Characterization
  - N. Three-Dimensional Echocardiography
  - O. Place (Role) of Echocardiography
  - P. Hand-Held Echo
  - Q. Laboratory Accreditation

### II. **Valvular Heart Disease**

- A. Aortic Valve, Aorta, and Subvalvular Outflow Tract
- B. Mitral Valve
- C. Echo-Doppler Assessment of Prosthetic Heart Valves
- D. Echocardiographic Findings in Infective Endocarditis
- E. Fluid Dynamics of Regurgitant Jets
- F. Tricuspid Valve
- G. Pulmonic Valve
- H. Pulmonary Hypertension

### III. **Chamber Size and Function**

- A. Coronary Artery Disease, Stress Echocardiography
- B. General Considerations, Assessment of Chamber Size and Function
- C. Echocardiographic Assessment of the Cardiomyopathies
- D. Diastolic Function
- E. Left Atrium, Pulmonary Veins, and Coronary Sinus
- F. Right Ventricle
- G. Right Atrium
- H. Interatrial and Interventricular Septum
- I. Inferior and Superior Vena Cava
- J. Doppler Estimation of Volumetric Flow
- K. Coronary Arteries

### IV. **Congenital Heart Disease**

- A. Complex Congenital Heart Disease
- B. Aortic Valve, Aorta, and Subvalvular Outflow Tract
- C. Tricuspid Valve Anomalies
- D. Mitral Valve
- E. Doppler Estimation of Volumetric Flow
- F. Pulmonic Valve Anomalies
- G. Coronary Arteries Anomalies
- H. Fetal Echocardiography
- I. Terminology and Anatomic and Physiologic Basis of CHD
- J. Principles of Medical and Surgical Management
- K. Echo Evaluation of Post-Op Congenital Heart Disease

### V. **Cardiac Masses, Pericardial Disease, Contrast and New Applications**

- A. Pericardial Disease
- B. Cardiac Tumors and Masses
- C. Contrast Echocardiography
- D. Assessment of Myocardial Perfusion with Contrast
- E. Echocardiography in Disorders of Cardiac Rhythm and Conduction
- F. Echocardiography in Cardiac Transplantation

### VI. **Miscellaneous Topics (Role of Echo)**

- A. Heart Failure
- B. Cardiac Sources of Embolism (PFO, ASA, SEC, Aortic Atheroma, etc)
- C. Pulmonary Heart Disease
- D. Systemic Diseases
- E. Atrial Fibrillation
- F. Trauma
- G. Athlete's Heart
- H. Pregnancy
- I. Pregnancy
- J. Interventional Echocardiography
- K. Digital Lab
- L. Quality in the Echo Lab

### Reference Statement

NBE does not endorse or recommend any third-party review course or material. Any text in cardiovascular techniques and evaluation, cardiac patient care and management may be used. Current standards and guidelines endorsed by professional societies are also appropriate.

# Suggested reading



European Journal of Echocardiography (2010) 11, 645–658  
doi:10.1093/ejehocard/jeq056

**RECOMMENDATIONS**

## **Echocardiography in aortic diseases: EAE recommendations for clinical practice**

**Arturo Evangelista<sup>1\*</sup>, Frank A. Flachskampf<sup>2</sup>, Raimund Erbel<sup>3</sup>,  
Francesco Antonini-Canterin<sup>4</sup>, Charalambos Vlachopoulos<sup>5</sup>, Guido Rocchi<sup>6</sup>,  
Rosa Sicari<sup>7</sup>, Petros Nihoyannopoulos<sup>8</sup>, and Jose Zamorano<sup>9</sup> on behalf of the  
European Association of Echocardiography**

## **GUIDELINES AND STANDARDS**

### **Multimodality Imaging of Diseases of the Thoracic Aorta in Adults: From the American Society of Echocardiography and the European Association of Cardiovascular Imaging**

**Endorsed by the Society of Cardiovascular Computed Tomography  
and Society for Cardiovascular Magnetic Resonance**

**(J Am Soc Echocardiogr 2015;28:119-82.)**

# Aortic disease

## Atherosclerotic

- Aneurysm
- Atheroembolic disease
- Rupture
- Pseudoaneurysm
- Penetrating ulcer
- Dissection
- Intramural hematoma

## Non-atherosclerotic

- Cystic medial necrosis
- Aneurysm
- Aortic dissection
- Intramural hematoma
- Anuloaortic ectasia

## Inflammatory/infectious

- Takayasu arteritis
- Giant cell arteritis
- Endocarditis

## Miscellaneous

- Trauma
- Intraluminal thrombus
- Poststenotic dilation
- Hypertension
- Aortic insufficiency/Stenosis
- Iatrogenic injury

# Objectives

Kick off Ques

Aortic anatomy

Basic Measurements by echo

Brief comparison of modalities

Dissection (acute and chronic)

Aneurysms

False alarms

Bicuspid aortic valve/aortopathy

Coarctation

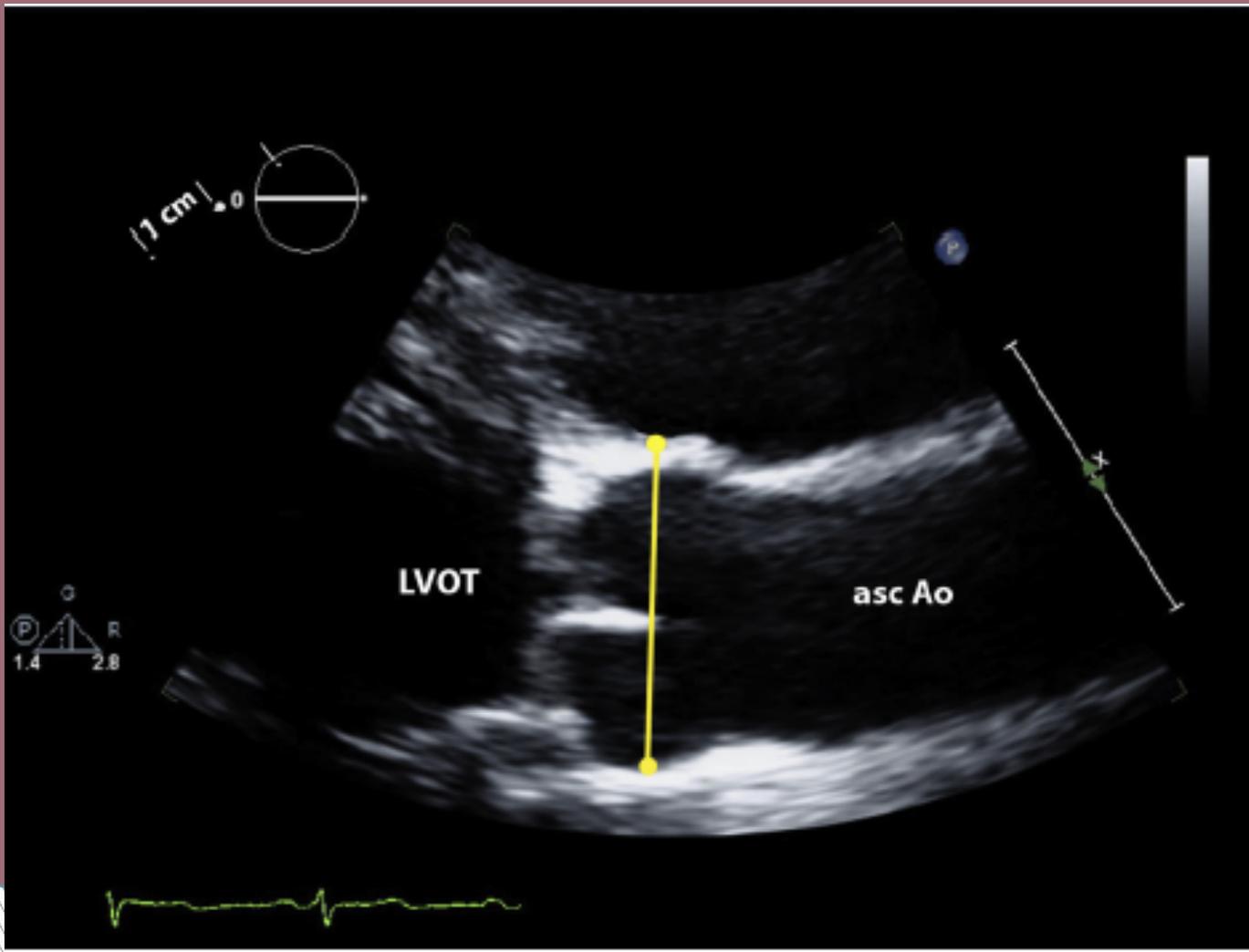
Marfan

Loeys-Dietz

Atherosclerotic Disease

Kick off Ques ( Ans)

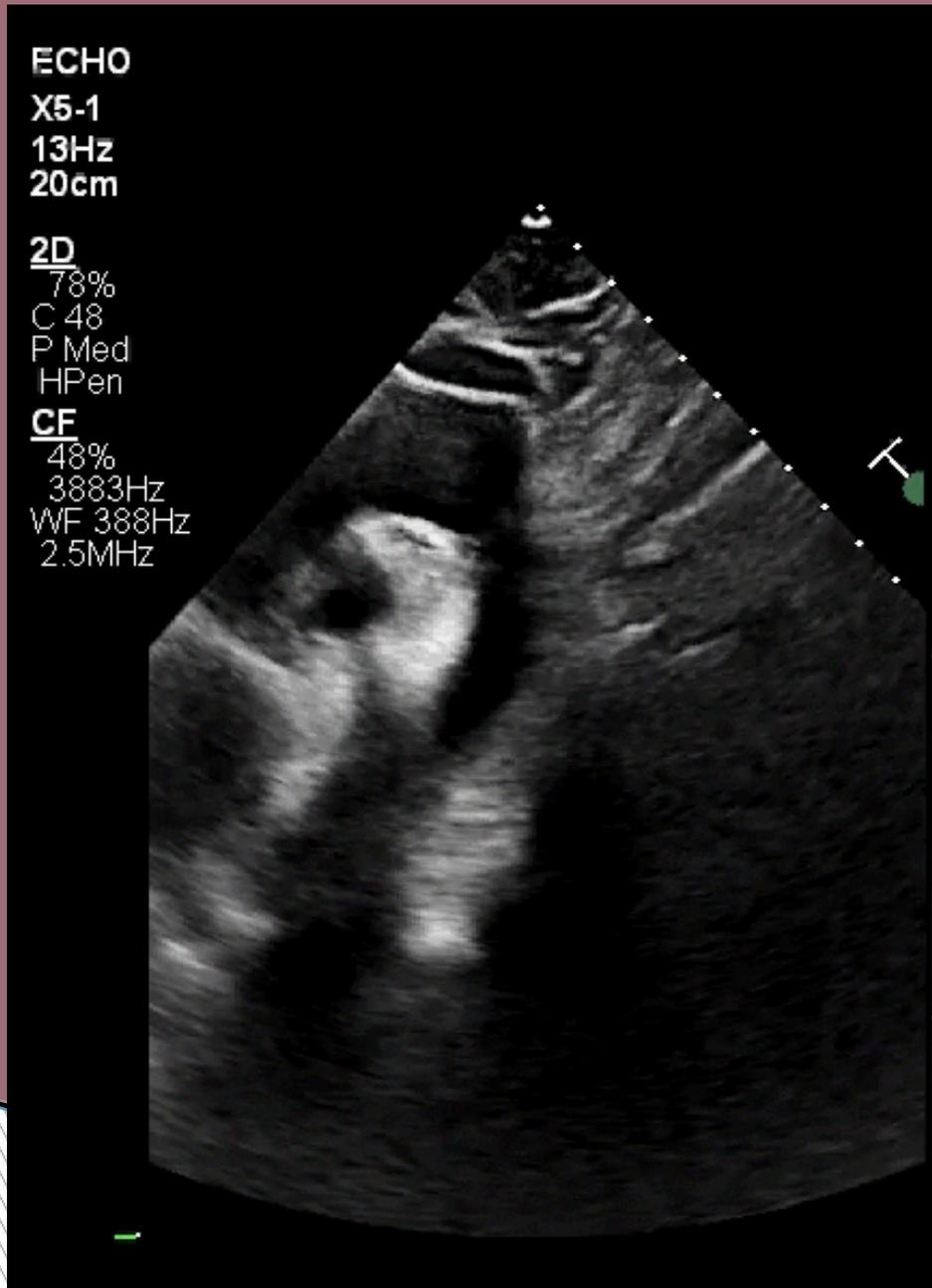
# Question 1



The following measurement of the aortic root on 2D TTE follows ASE guidelines

- a true
- b false

# Question 2



In the provided arch view choose the most appropriate response for this movie clip

1. normal suprasternal view
2. arch dissection
3. arch aneurysm
4. anomalous venous drainage

# Question 3

Which of the following conditions associated with aortic aneurysms is called by TGF $\beta$  or SMAD 3 mutation with systemic connective tissue involvement ?

- a. Bicuspid Aortopathy
- b. Loey Dietz syndrome
- c. Marfan syndrome
- d. Ehlers-Dalos syndrome

# Question 4

Which of the following characteristics is true for identifying a false lumen (FL) from true lumen (TL) in aortic dissection ?

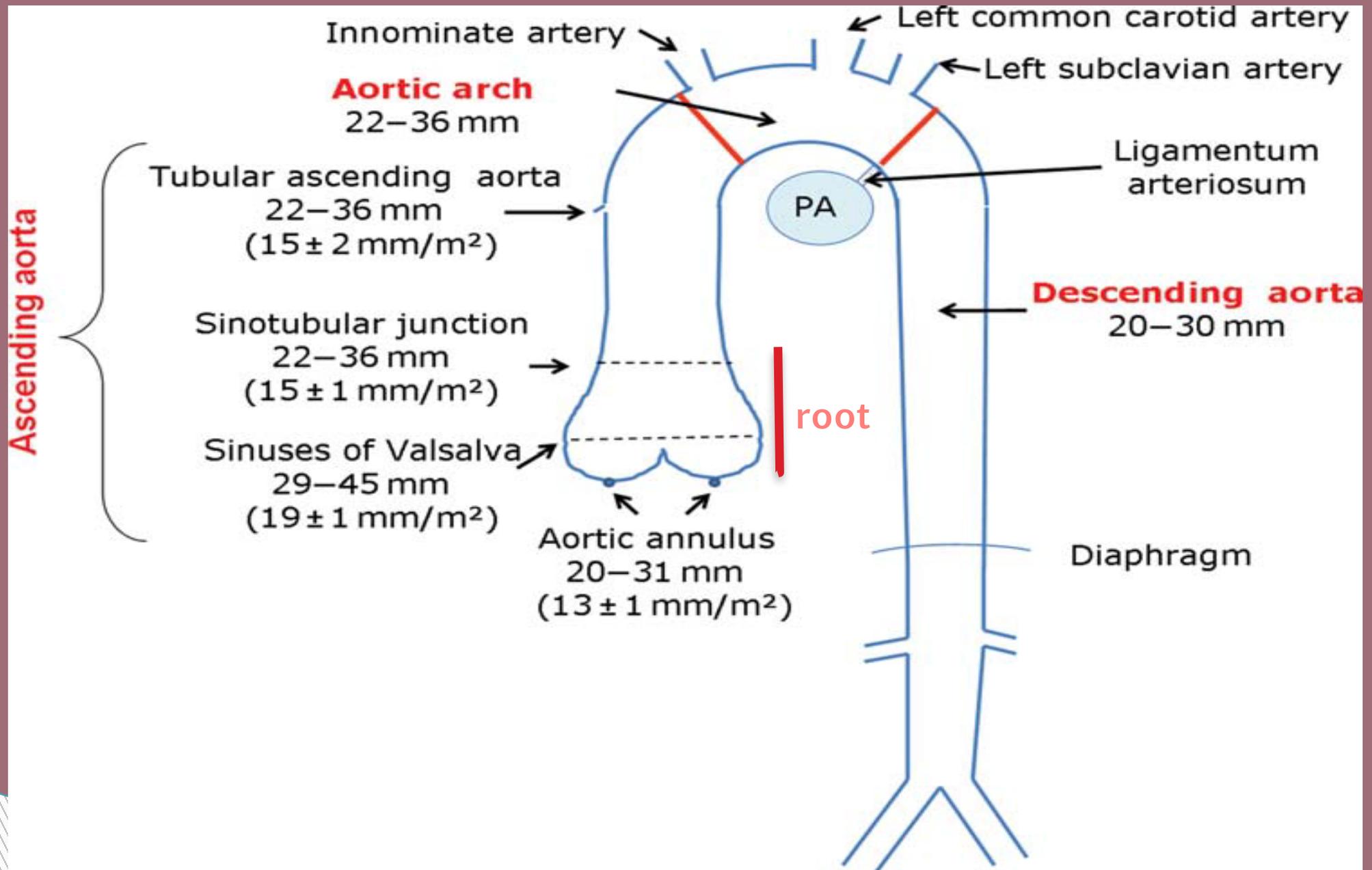
1. FL is smaller in size than true
2. Systolic compression is usually seen with FL
3. Color flow can be seen from FL to TL
4. Flow is brisk in FL

# Normal Anatomy

- ▶ The aortic annulus represents the junction of the proximal ascending aorta with LVOT.
- ▶ It is part of the fibrous skeleton of the heart and is contiguous with the anterior mitral valve leaflet and perimembranous septum.
- ▶ Relatively resistant to dilation.
- ▶ Annulus dimension is very close to LVOT dimension.

- ▶ The geometry of the sinotubular junction is a crucial feature of normal aortic valve coaptation.
- ▶ Insertion of aortic valve cusps is continuous from the level of the annulus up through the sinuses to the level of the sinotubular junction.
- ▶ Dilation of the sinotubular junction can result in malcoaptation of the aortic cusps resulting in secondary aortic insufficiency.

# Normal Aortic Anatomy



modified from

European Journal of Echocardiography (2010) **11**, 645–658

# Normal Aortic Root Measurements

## Male

## Female

	Age (y)					
	15-29	30-39	40-49	50-59	60-69	≥70
Mean normal (cm)	3.3	3.4	3.5	3.6	3.7	3.8
Upper limit of normal (cm) (95% CI)	3.7	3.8	3.9	4.0	4.1	4.2

	Age (y)					
	15-29	30-39	40-49	50-59	60-69	≥70
Mean normal (cm)	2.9	3.0	3.2	3.2	3.3	3.4
Upper limit of normal (cm)	3.3	3.4	3.6	3.6	3.7	3.9

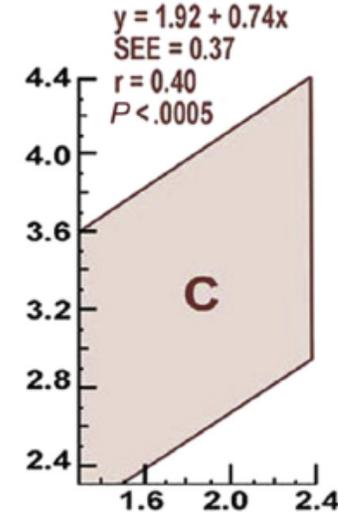
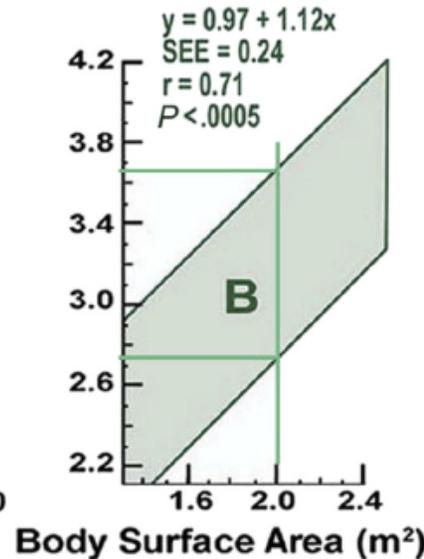
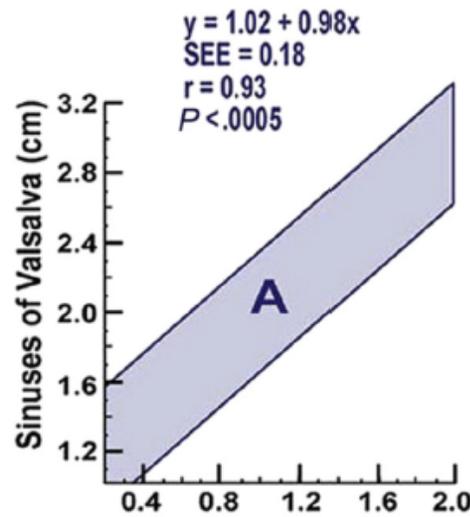
Add 0.5 mm per 0.1 m<sup>2</sup> BSA above 2.0 m<sup>2</sup> or subtract 0.5 mm per 0.1 m<sup>2</sup> BSA below 2.0 m<sup>2</sup>.<sup>6</sup>

Add 0.5 mm per 0.1 m<sup>2</sup> BSA above 1.7 m<sup>2</sup> or subtract 0.5 mm per 0.1 m<sup>2</sup> BSA below 1.7 m<sup>2</sup>.<sup>6</sup>

age : 1-15

16-39

>/=40



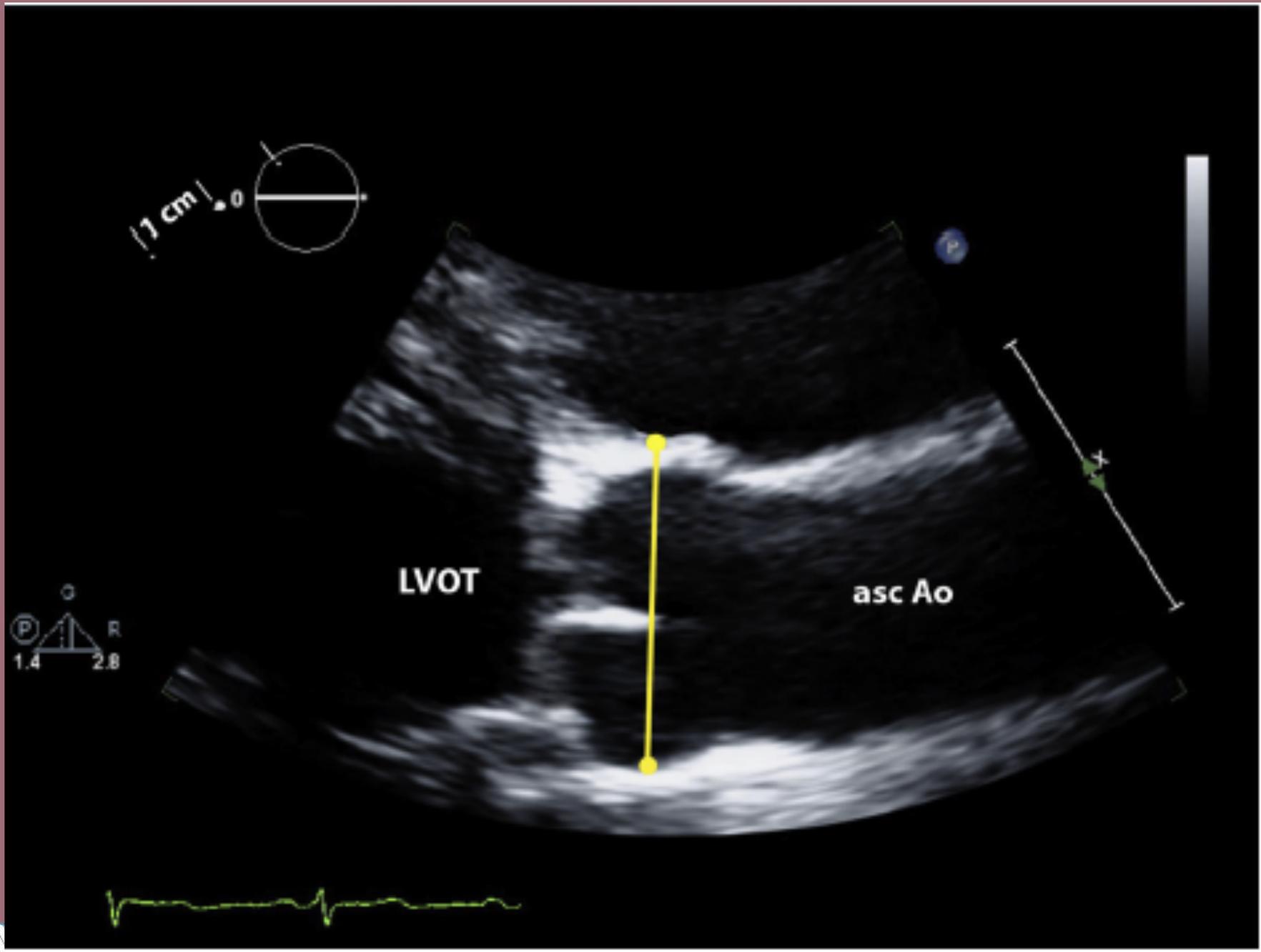
- ▶ Aorta size is related most strongly to body surface area (BSA) and age.
- ▶ Indexing by height avoids the influence of overweight on BSA ( limitation of large data)
- ▶ Avoid overestimation with oblique segments, perform measurement only when circular sections are obtained.
- ▶ Measurements of descending thoracic aorta in short axis and of the aortic arch in long axis are recommended.

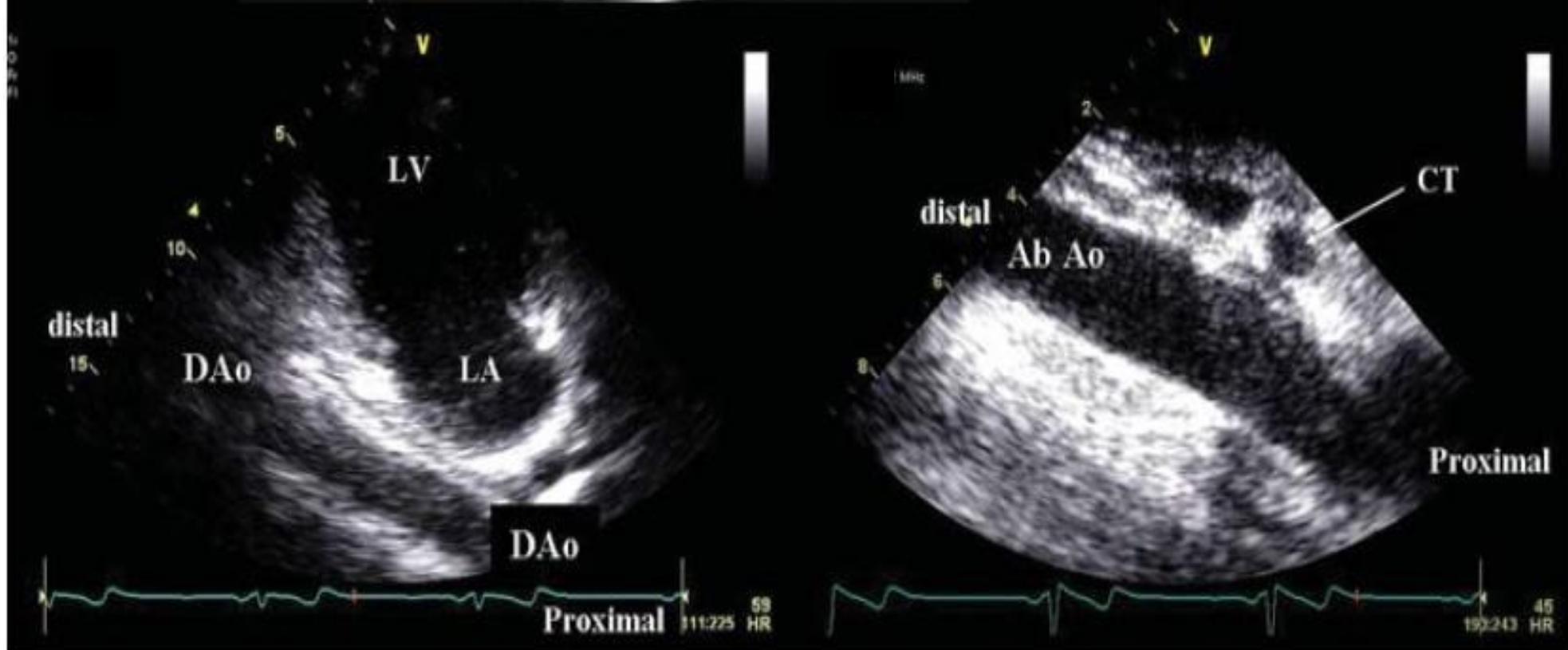
# Typical Echo Views for Aorta Interrogation

<b>View</b>	<b>Part of aorta</b>
.....	
Transthoracic echo	
Parasternal long + short axis	Ascending + descending thoracic
Apical four-chamber	Descending thoracic
Apical two-chamber and/or long axis	Descending thoracic
Suprasternal	Arch, descending + ascending thoracic
Subcostal	Abdominal (+ascending thoracic)
Transoesophageal echo	
Upper oesophageal long + short axis	Ascending thoracic
Aortic (long + short axis)	Descending thoracic + arch

# TTE

- ▶ Although TTE is not the ideal tool for visualizing all aortic segments, important information can always be gained by careful use of all echo windows.
- ▶ In all patients with suspected aortic disease, the right parasternal view is recommended for estimating the true size of the ascending aorta.
- ▶ Underutilized : Right parasternal





# TEE

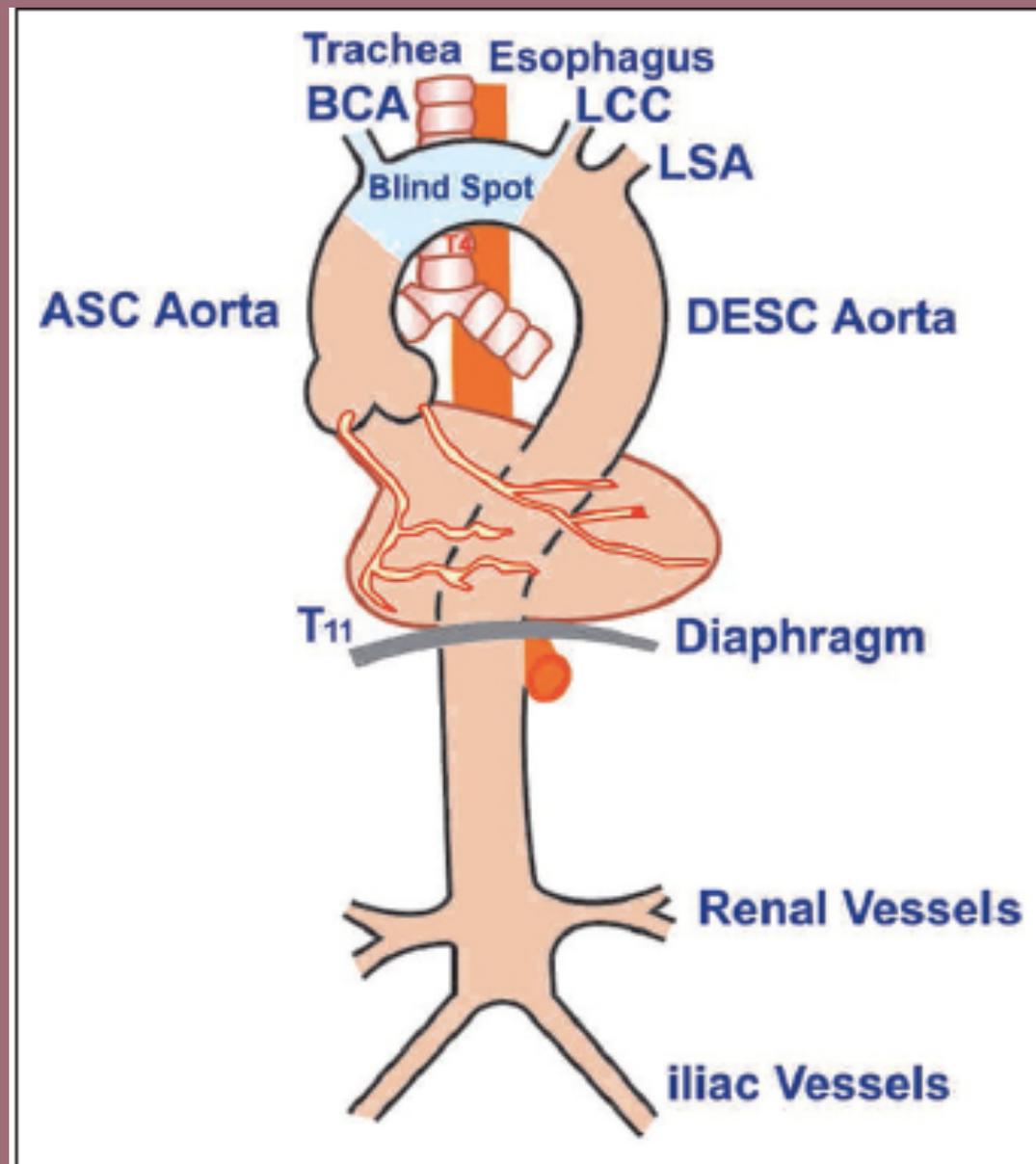
- ▶ The aorta can be visualized from the annulus through the ascending and arch portions and the descending thoracic aorta to the level of the gastroesophageal junction
- ▶ Has several advantages:

- 1-Proximity of the oesophagus and the thoracic aorta permits high resolution images.
- 2- Availability of multiplane imaging permits improved incremental assessment of the aorta from its root to the descending aorta.



A short segment of the distal ascending aorta, just before the innominate artery, remains unvisualized owing to interposition of the right bronchus and trachea (**blind spot**)!!!

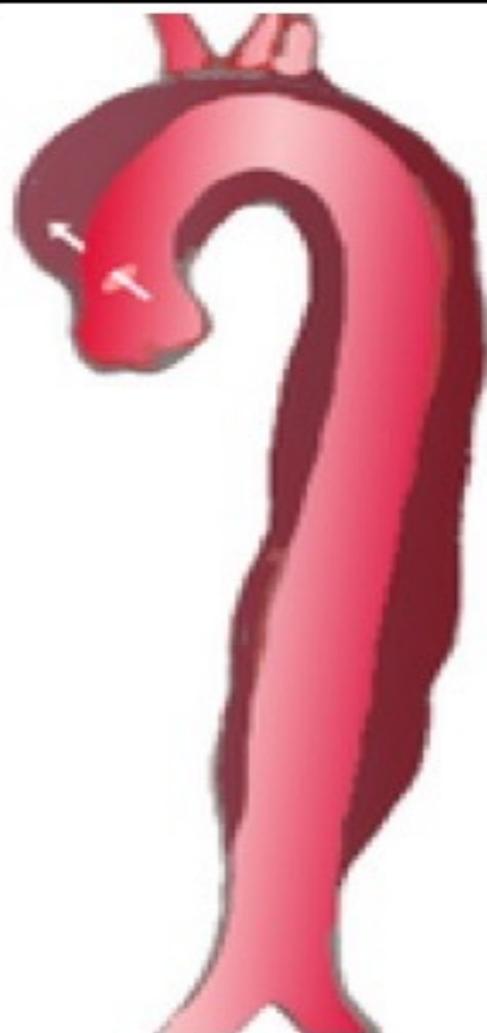
TEE views of innominate and left carotid are usually suboptimal



# Aortic dissection

- ▶ Clinical presentation can be identical to other conditions in ( Acute Aortic Syndrome).
- ▶ Typically in the setting of aortic dilatation.
- ▶ 40% in aortas smaller than 5 cm!
- ▶ Usually there is more than one communication point between true and false lumen.
- ▶ Classically begins at the ligamentum arteriosum or Ascending Ao.

## Classification of aortic dissection



Percentage	60%	10–15%	25–30%
Type	DeBakey I	DeBakey II	DeBakey III
	Stanford A (Proximal)		Stanford B (Distal)

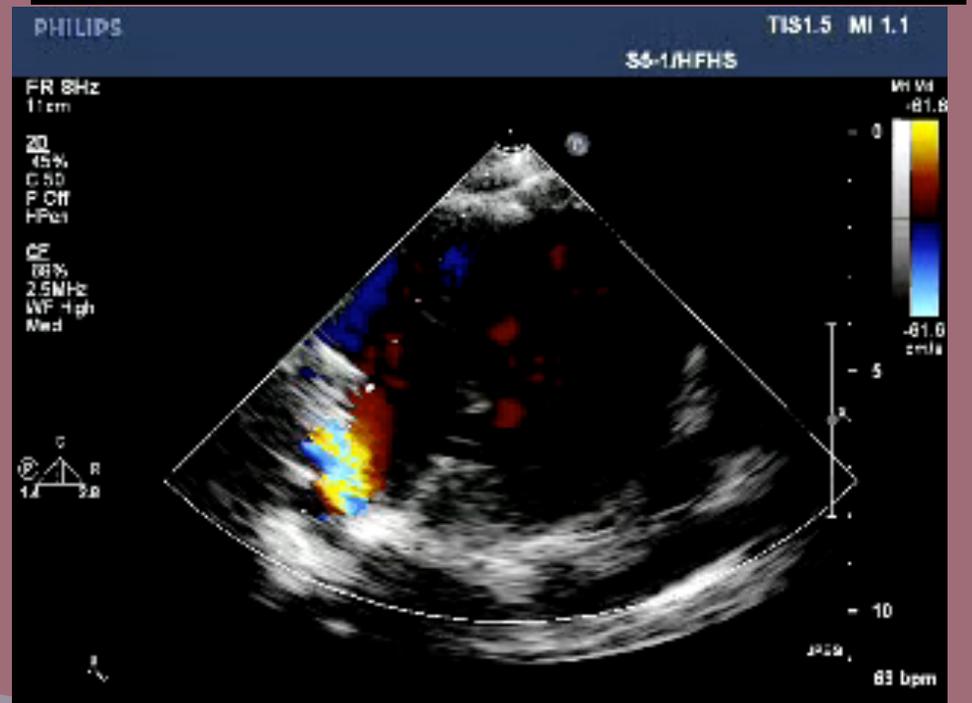
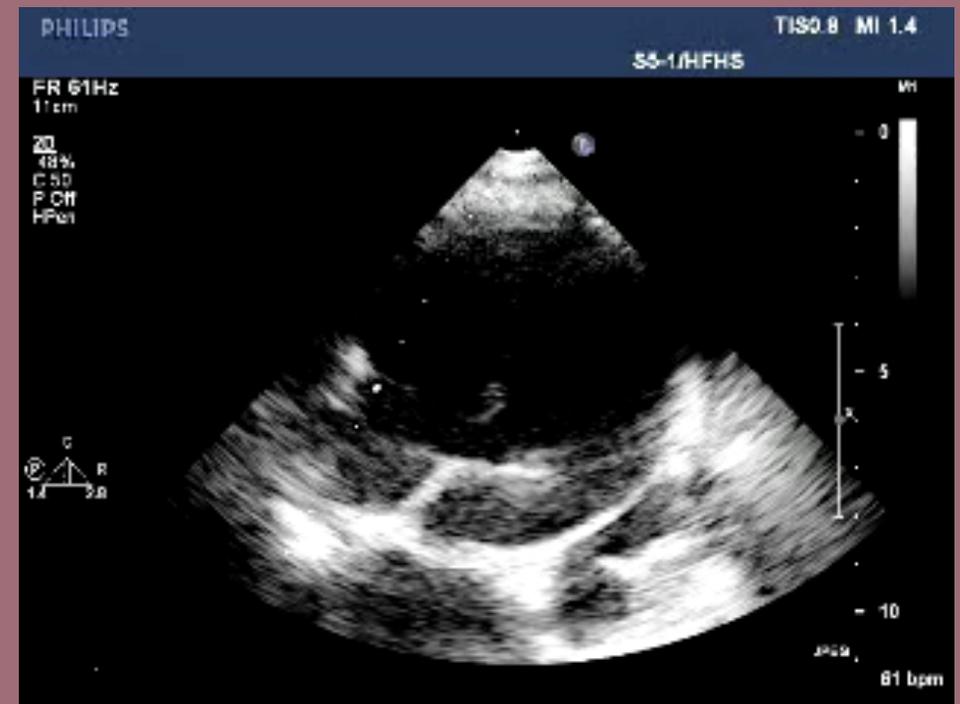
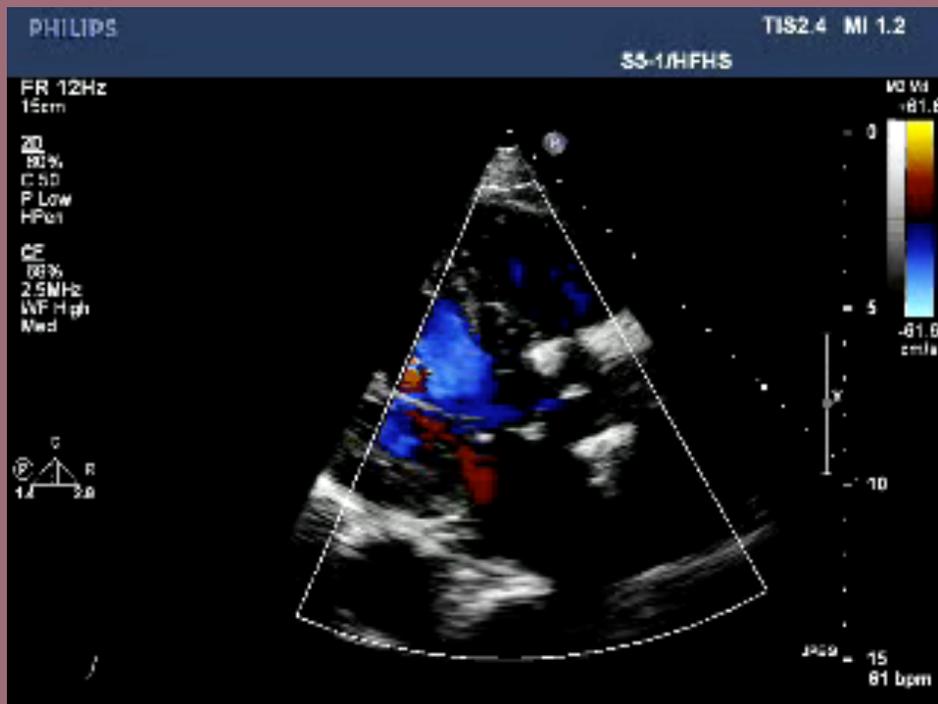
# Echo Assessment in Aortic Dissection

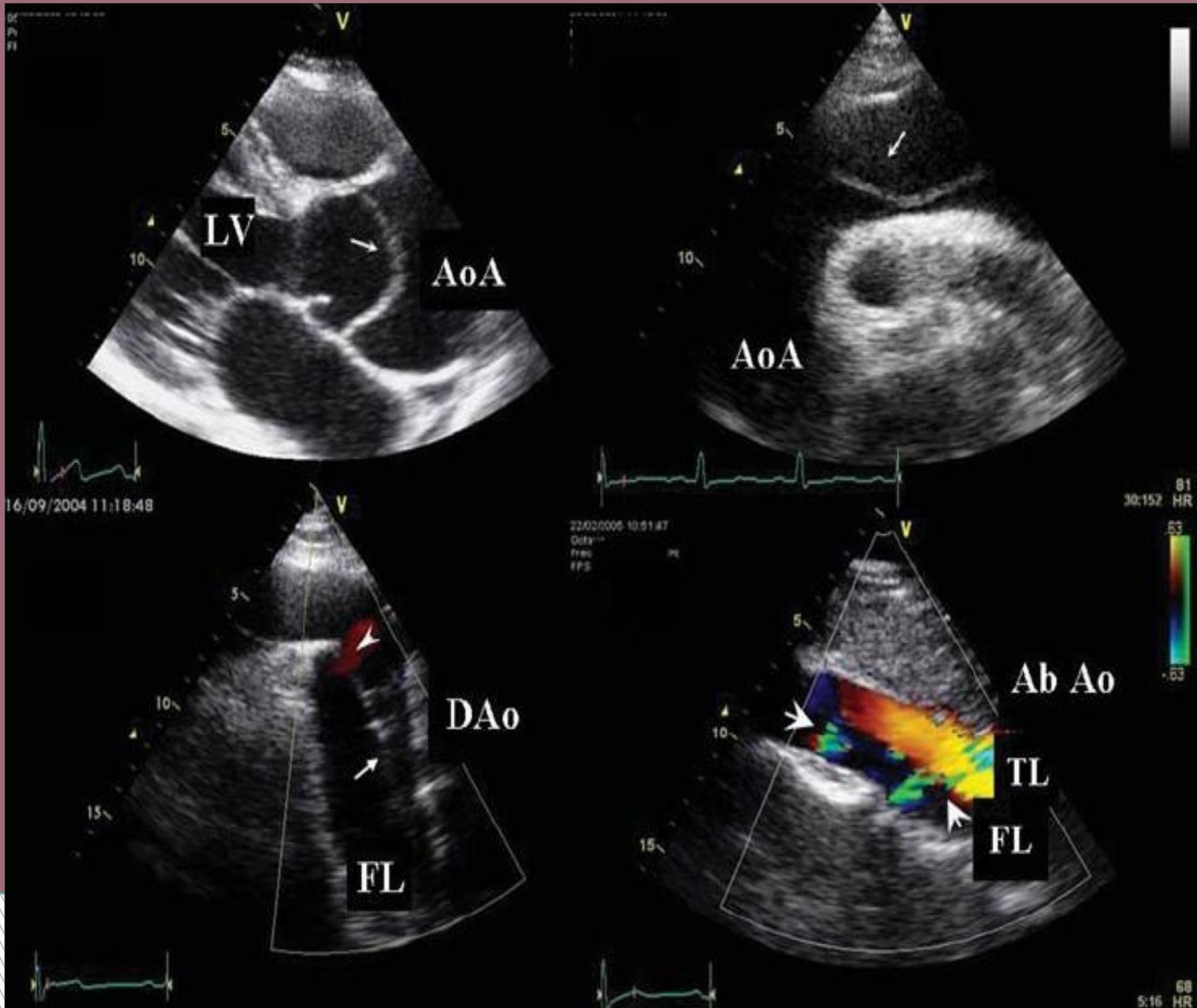
Identify presence of a dissection flap	Flap dividing two lumens
Define extension of aortic dissection	Extension of the flap and true/false lumens in the aortic root(ascending/arch/descending abdominal aorta)
Identify true lumen	Systolic expansion, diastolic collapse, systolic jet directed away from the lumen, absence of spontaneous contrast, forward systolic flow)
Identify false lumen	Diastolic diameter increase, spontaneous contrast and or thrombus formation, reverse/delayed or absent flow
Identify presence of false luminal thrombosis	Mass separated from the intimal flap and aortic wall inside the false lumen
Localize entry tear	Disruption of the flap continuity with fluttering or ruptured intimal borders; color Doppler shows flow through the tear
Assess presence, severity and mechanisms of AR	Anatomic definition of the valve (bicuspid, degenerated, normal with/without prolapse of one cusp); dilation of different segments of the aorta; flap invagination into the valve; severity by classic echocardiographic criteria
Assess coronary artery involvement	Flap invaginated into the coronary ostium; flap obstructing the ostium; absence of coronary flow; new regional wall motion abnormalities
Assess side-branch involvement	Flap invaginated into the aortic branches
Detect pericardial and/or pleural effusion	Echo-free space in the pericardium/pleura
Detect signs of cardiac tamponade	Classic echocardiographic and Doppler signs of tamponade

# True vs False Lumen : Key findings

	<b>True lumen</b>	<b>False lumen</b>
Size	True < false	Most often: false > true lumen
Pulsation	Systolic expansion	Systolic compression
Flow direction	Systolic antegrade flow	Systolic antegrade flow reduced or absent, or retrograde flow
Communication flow	From true to false lumen in systole	
Contrast echo flow	Early and fast	Delayed and slow

# TTE views of massive aortic dilation and dissection





PHILIPS  
08/29/1946

02/10/2011 01:02:36PM TISO.1  
X7-2t/Adult

PHILIPS  
08/29/1946

02/10/2011 01:00:30PM TISO.5 MI 0  
X7-2t/Adult

35Hz  
m

FR 17Hz  
6.0cm



2D  
62%  
C 50  
P Off  
Gen  
CF  
63%  
4.4MHz  
WF High  
Med

G  
R

G  
P R

0  
-1  
-2  
-3  
-4  
-5

PAT T: 37.0C  
TEE T: 39.8C

PAT T: 37.0C  
TEE T: 40.1C

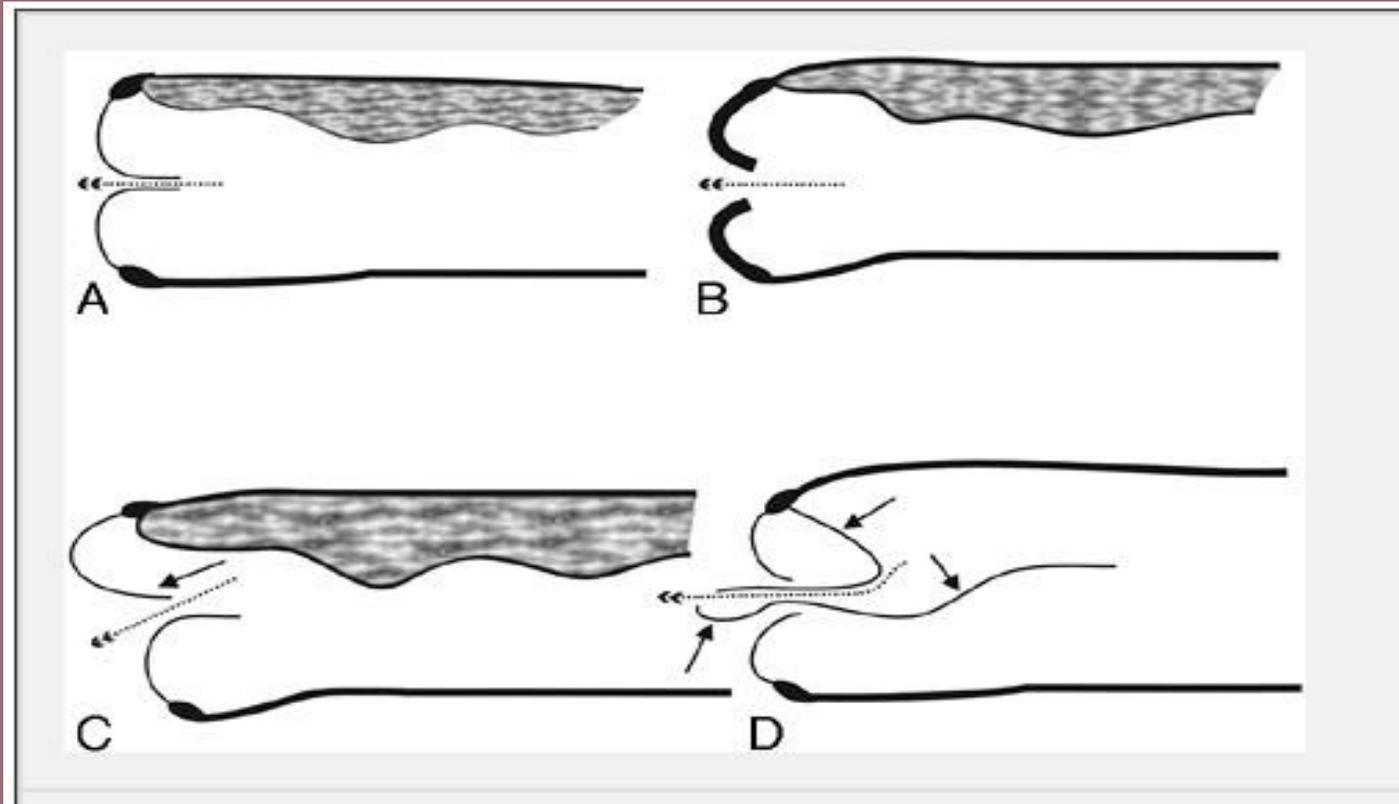
JPEG \_ 6  
101

# Aortic Dissection Complications

- Rupture
- Tamponade
- Aortic regurgitation
- Coronary artery involvement
- Other branch vessel involvement

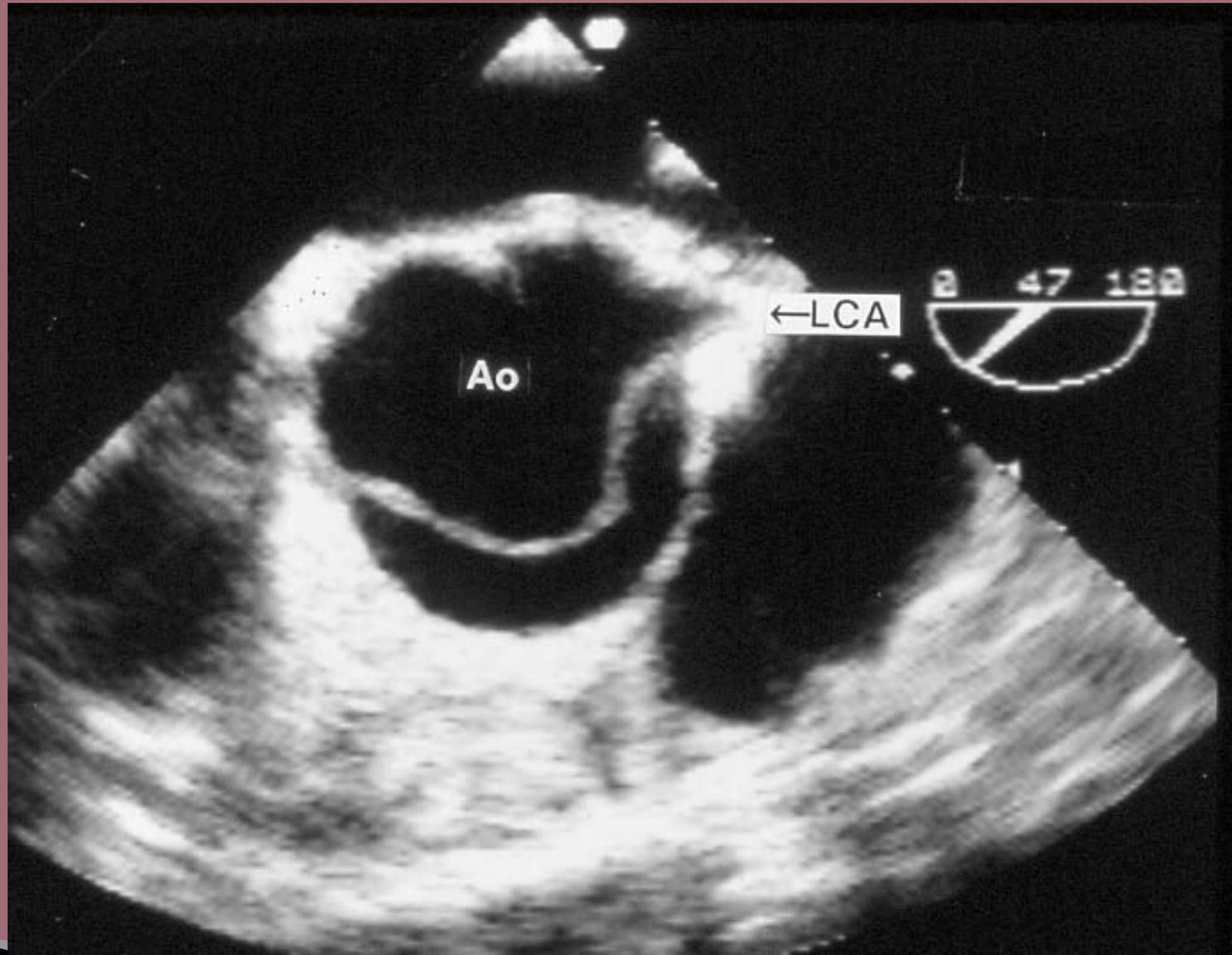
# Mechanisms of Aortic Regurgitation in Dissection

## Echo Insights



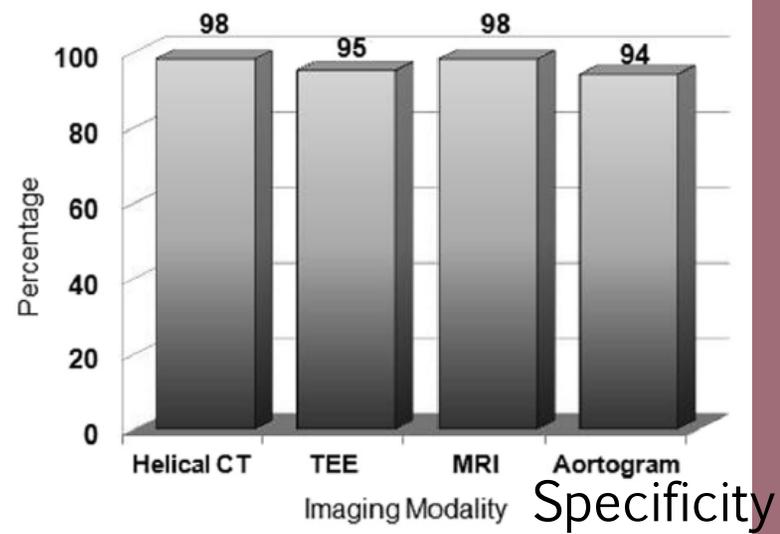
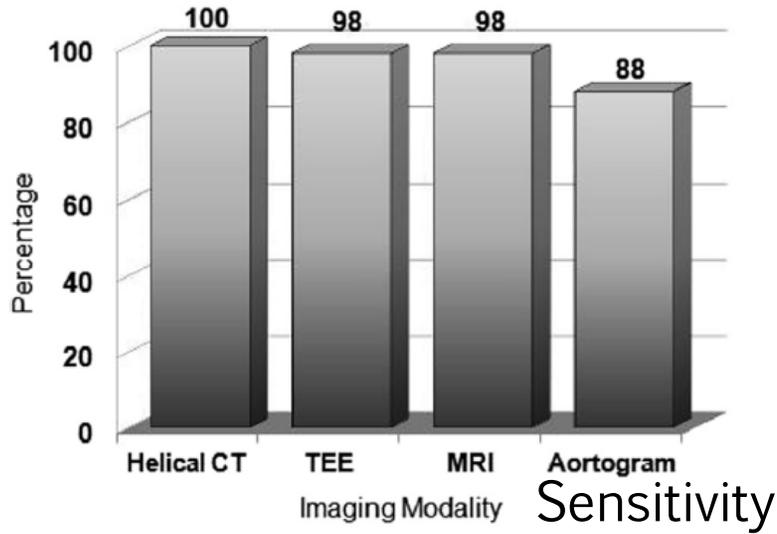
- (A) effacement of dilation of the sinotubular junction resulting in malcoaptation of the aortic valve
- (B) intrinsic aortic valve disease
- (C) disruption of the insertion of an aortic cusp
- (D) prolapse of a portion of the intimal dissection flap through the aortic valve, which serves as a conduit for aortic regurgitation (D).

# Coronary Artery Involvement on TEE with AD



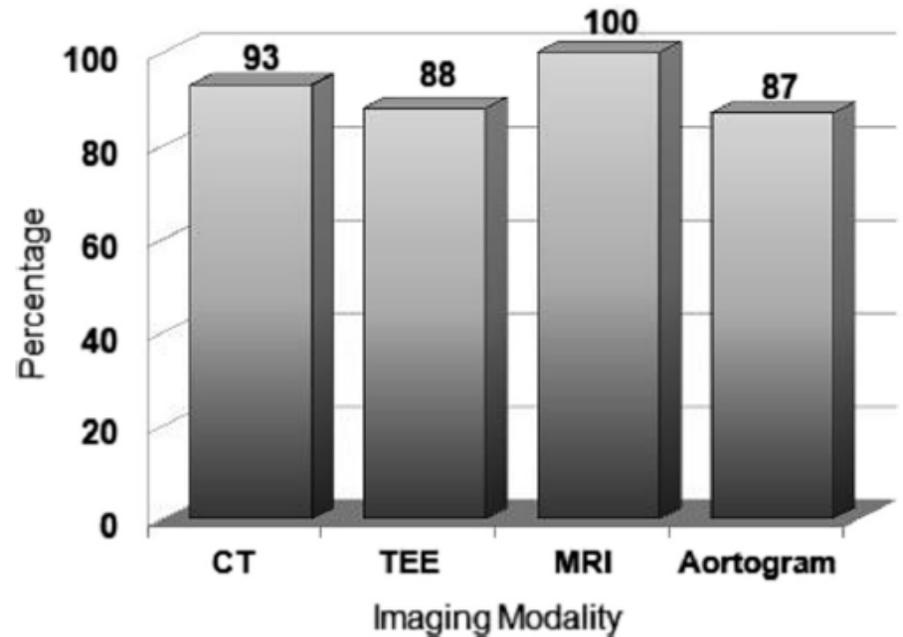
# Comparison of Imaging Modalities for Imaging Aortic Dissection

n=1139, MGH database



IRAD registry

real world



# Comparative Strengths of Modalities for Acute Aortic Syndrome

Advantages of modality	CTA	TTE	TEE	MRA	Angiography
Readily available	+++	+++	++	+	+
Quickly performed	+++	+++	++	+	+
Performed at bedside	—	+++	+++	—	—
Noninvasive	+++	+++	+	+++	—
No iodinated contrast	—	+++	+++	+++	—
No ionizing radiation	—	+++	+++	+++	—
Cost	++	+	++	++	+++

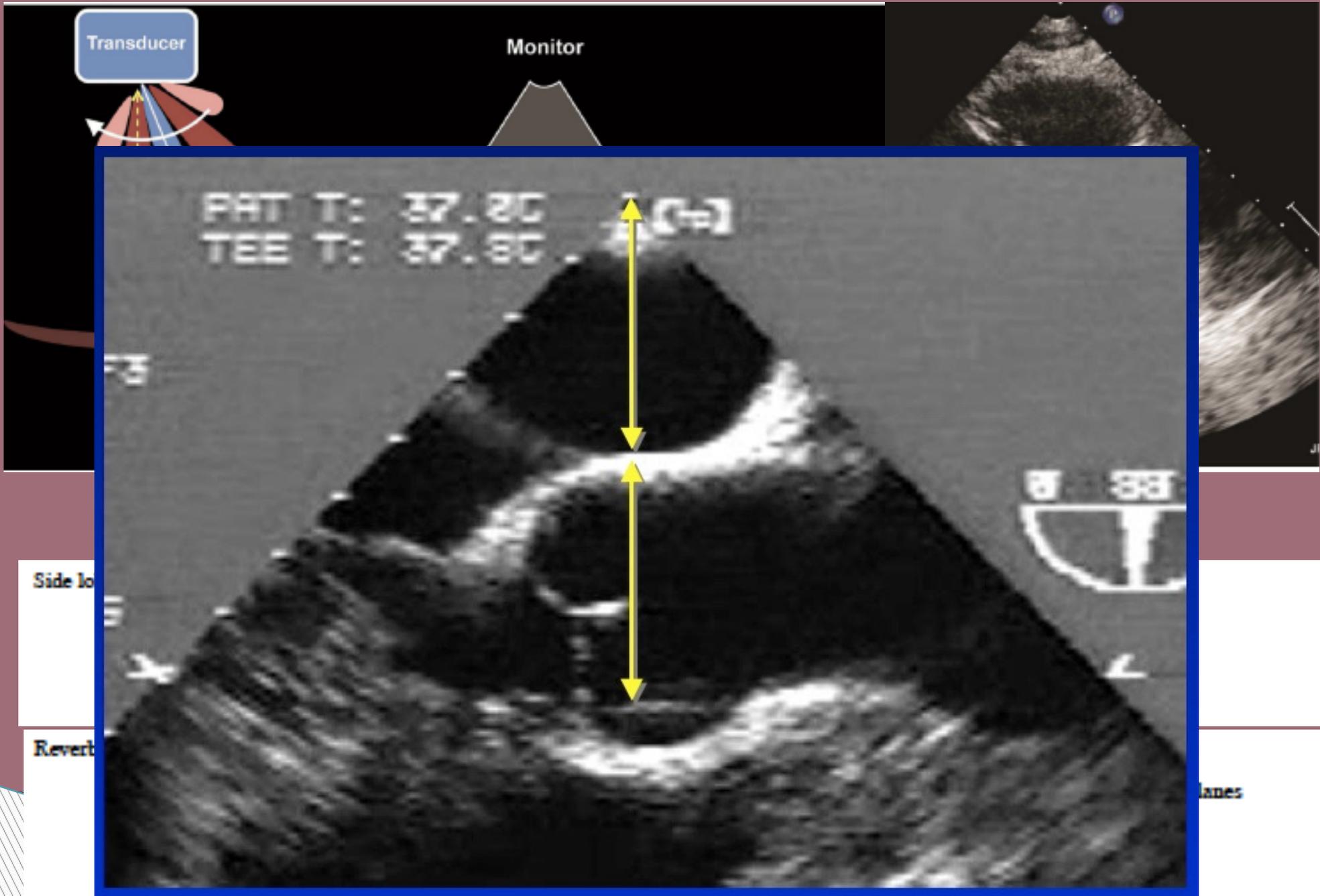
Diagnostic performance	CTA	TTE	TEE	MRA	Angiography
Sensitivity	+++	++	+++	+++	++
Specificity	+++	++	+++	+++	+++
Ability to detect IMH	+++	+	++	+++	—
Site of intimal tear	+++	—	++	+++	++
Presence of AR	—	+++	+++	++	+++
Coronary artery involvement	+	—	++	+	+++
Presence of pericardial effusion	++	+++	+++	++	—
Branch vessel involvement	++	—	+	++	+++

Ciggarora et al  
Isselbacher et al

# All that Glitters is Not A Flap on Echo

- ▶ Not every line in the Aorta is dissection!
- ▶ Reverberation artifacts are very common in the Aorta (40%).
- ▶ Usually from the posterior wall of the ascending aorta or the posterior wall of the right pulmonary artery.
- ▶ Clues to differentiate:
  - 1- Color Doppler
  - 2- moving in parallel with the reverberating structures
  - 3- Double the distance from the probe

# Pseudo Dissection Flaps



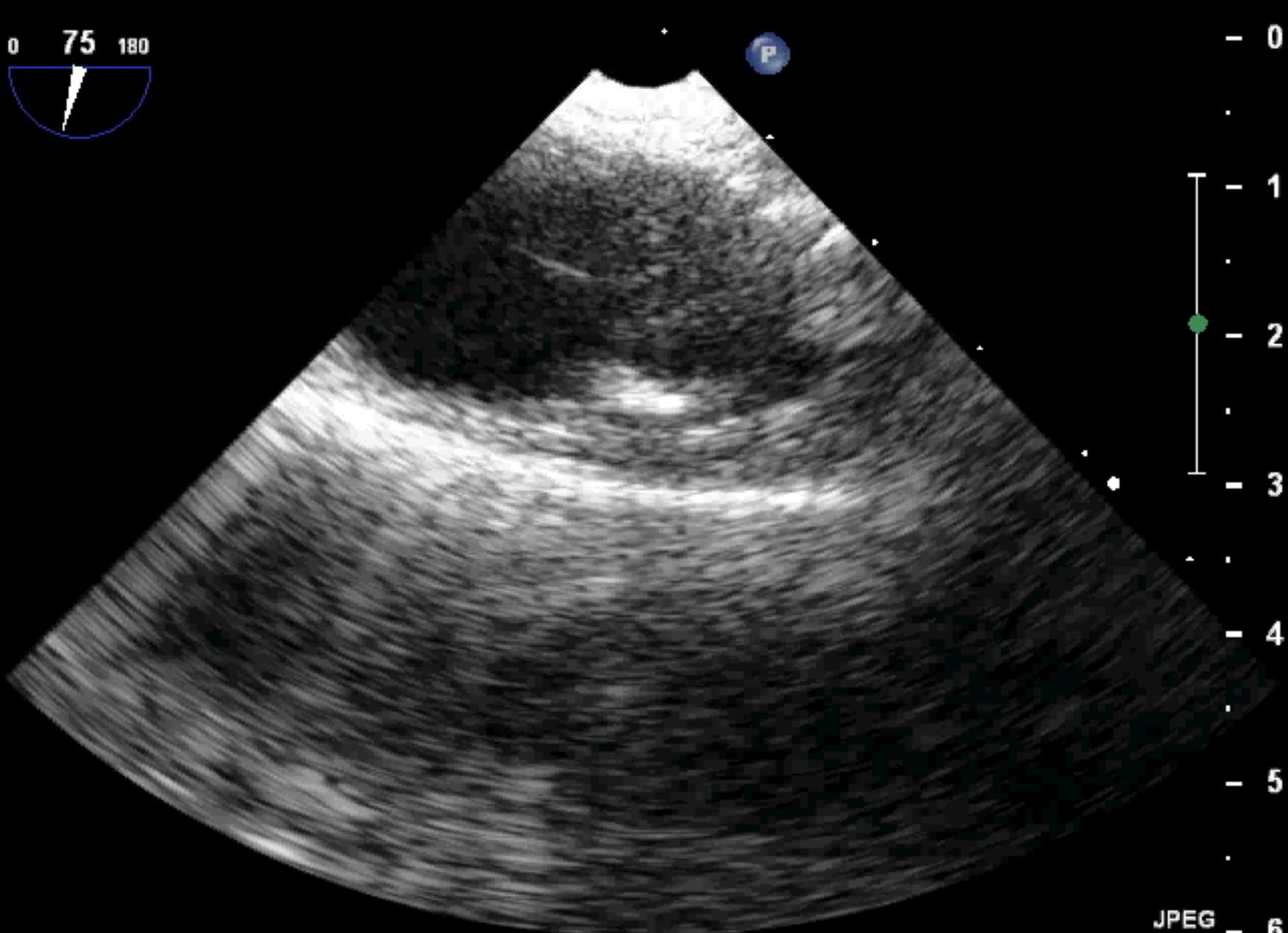


R 35Hz

0cm

D  
5%  
50  
Off  
en

0 75 180



M4

- 0

- 1

- 2

- 3

- 4

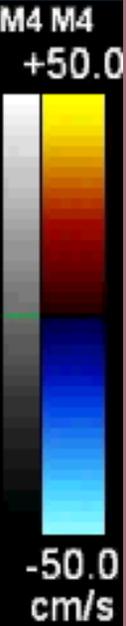
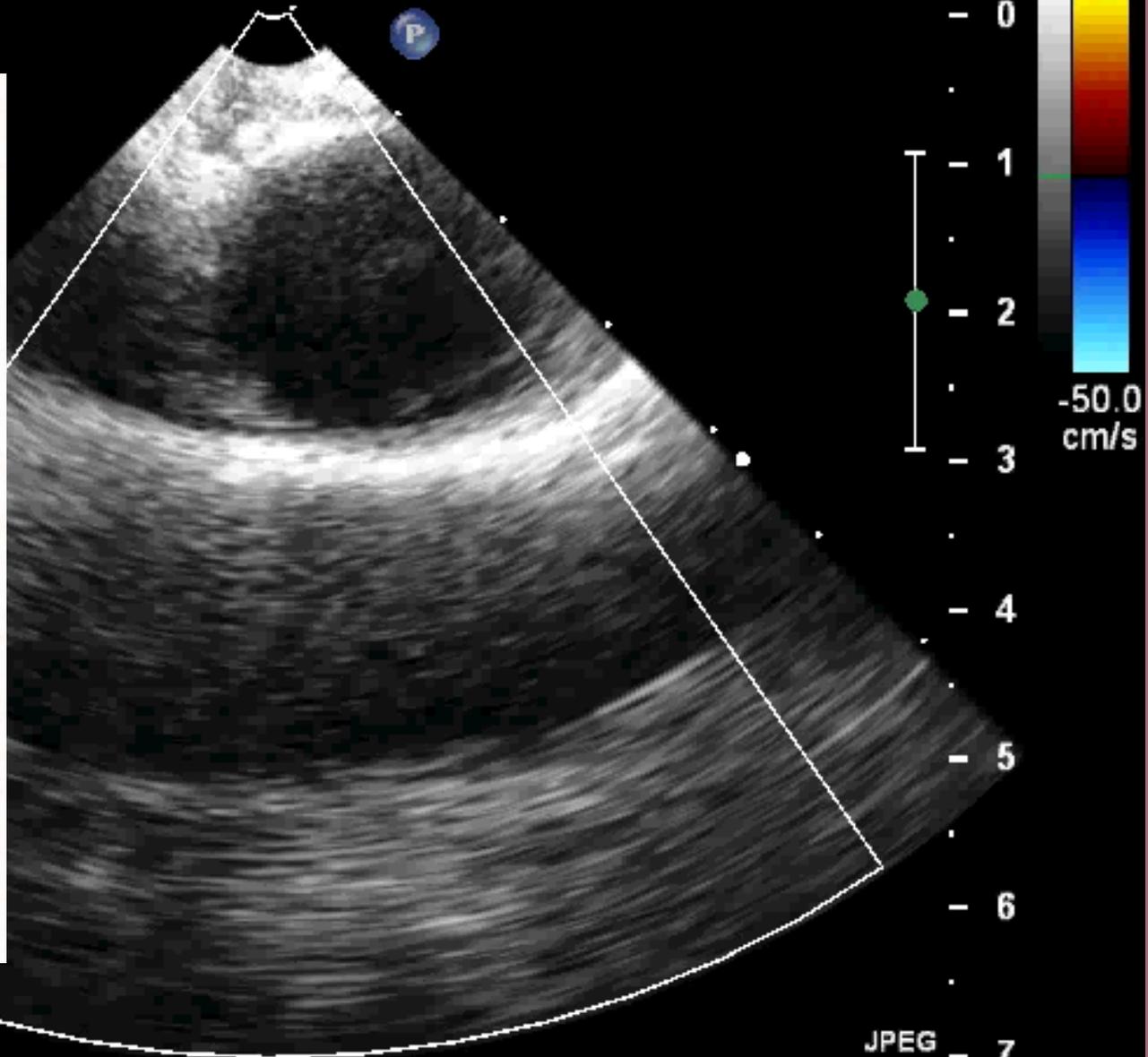
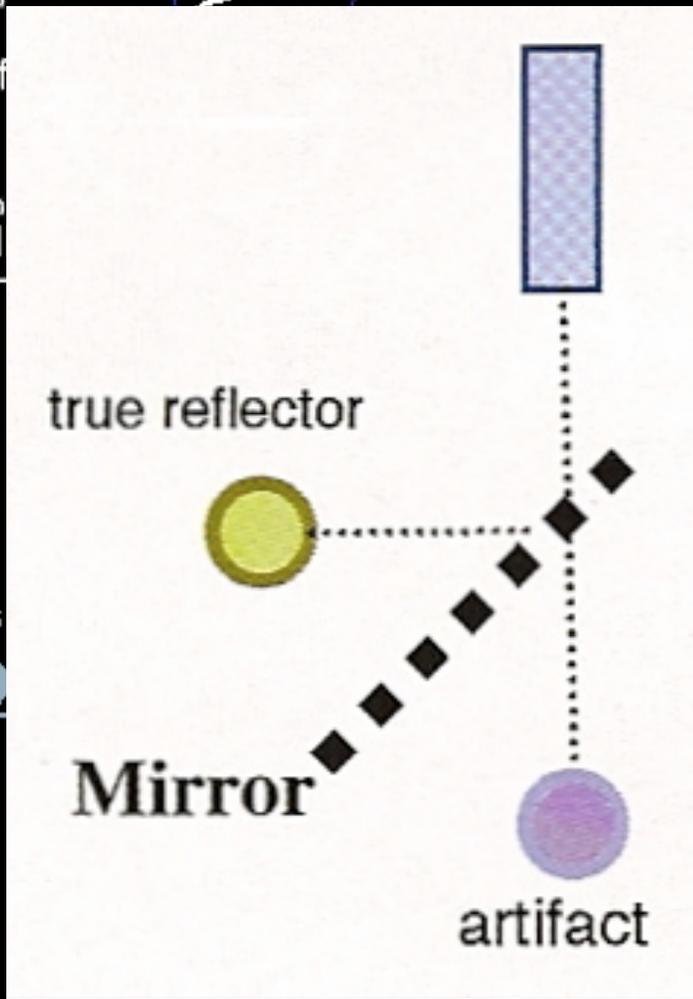
- 5

JPEG - 6

FR 10Hz  
7.0cm

2D  
71%  
C 50  
P Off  
Gen  
CF  
56%  
4.4M  
WF H  
Med

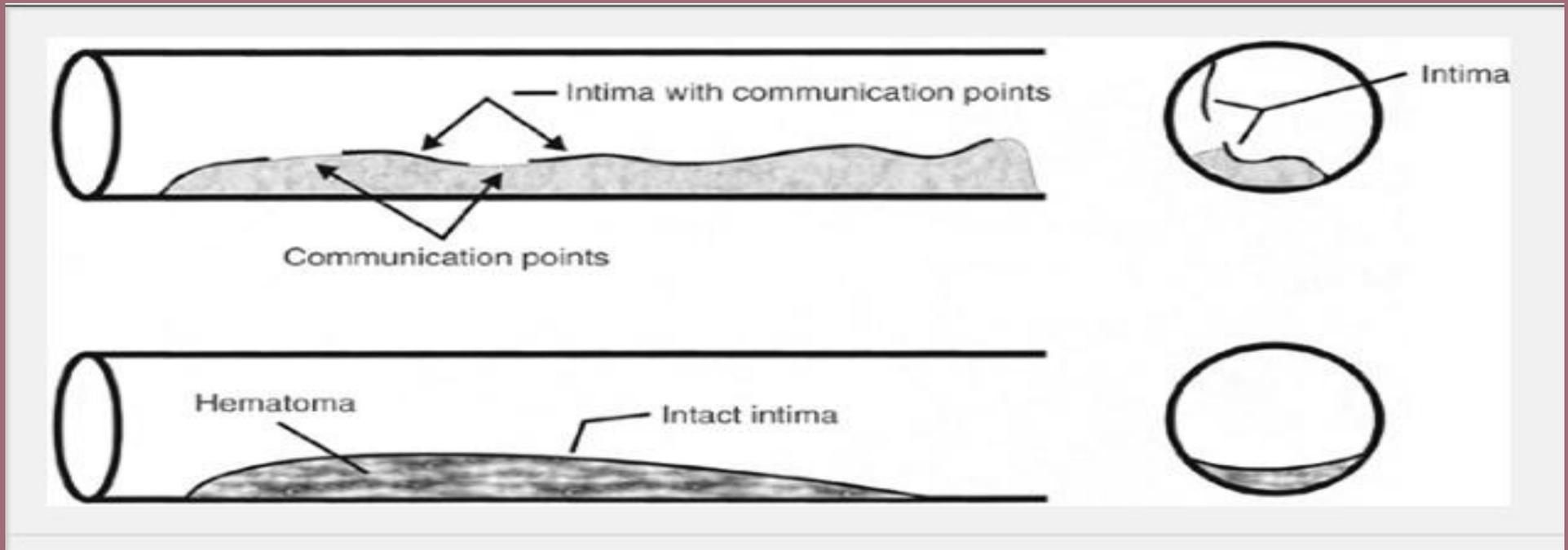
0 22 180



JPEG 7  
54 bpm

PAT T: 37.0C  
TEE T: 38.5C

# Intra Mural Hematoma (IMH)



- Variant of Aortic dissection, usually result from rupture of vasa vasorum, resulting in hematoma in the medial space BUT no communication with the Lumen.
- 16% will progress to AD.
- Clinical presentation, prognosis and treatment is the same as AD.

# Intra Mural Hematoma (IMH)

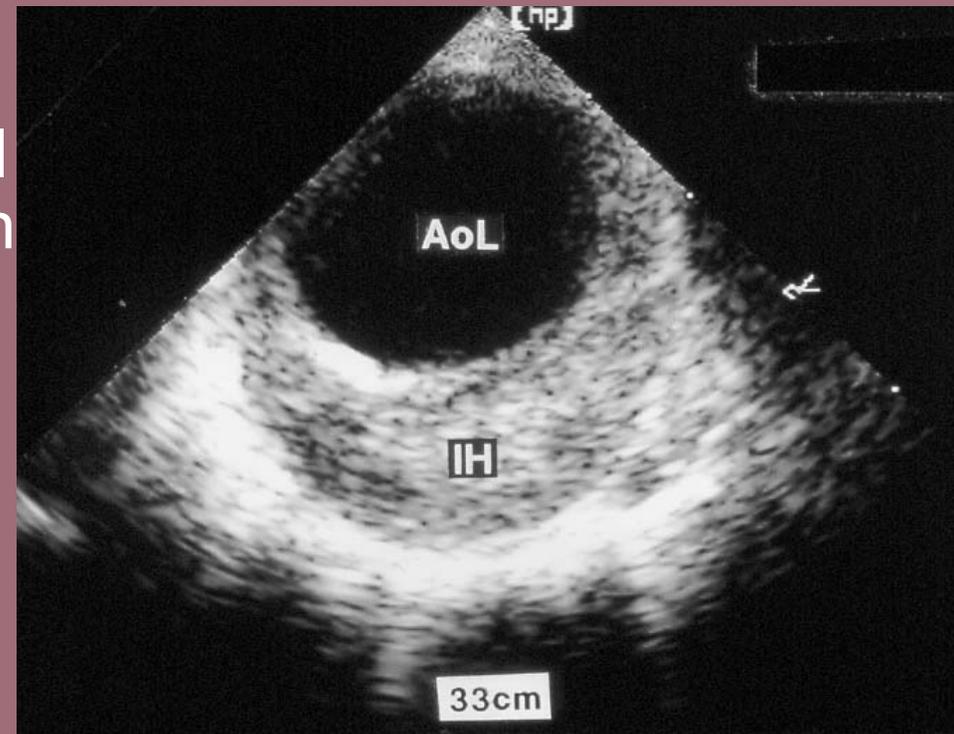
Localized thickening of aortic wall

- Usually crescentic
- Occasionally circumferential
- Echo-lucent spaces common

Relatively smooth luminal surface

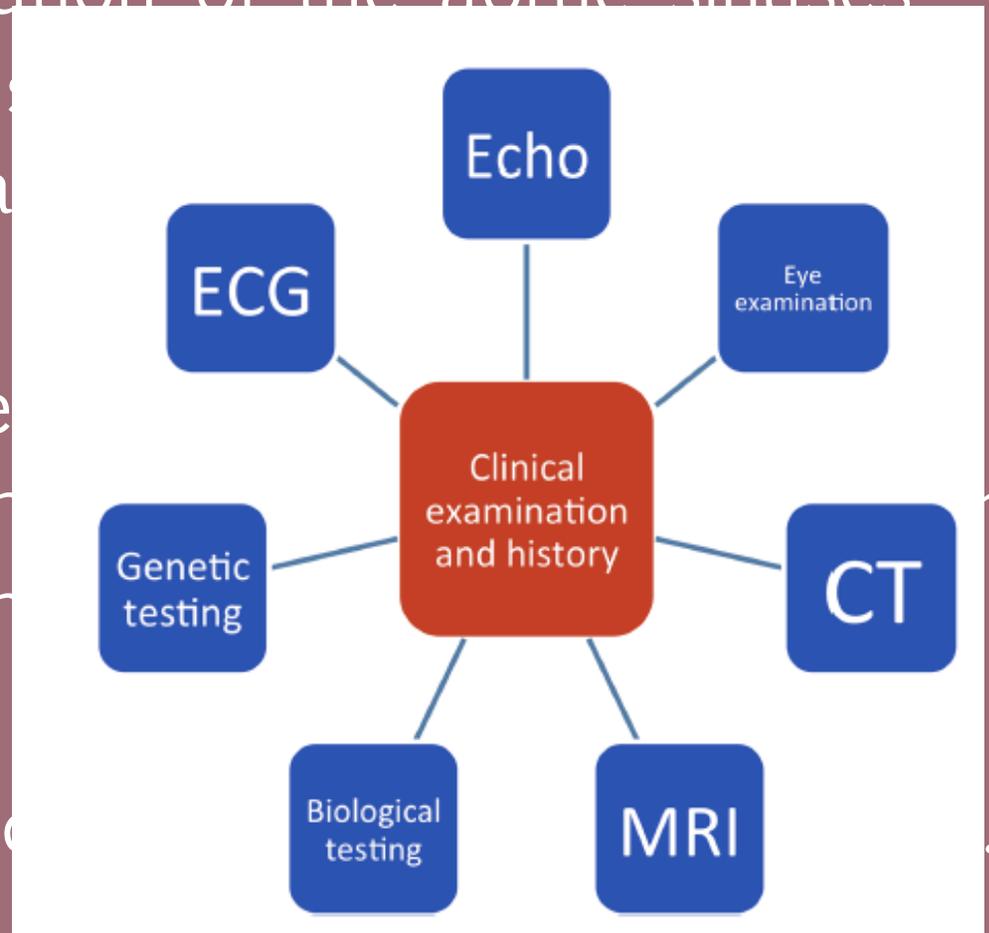
Absence of dissection flap

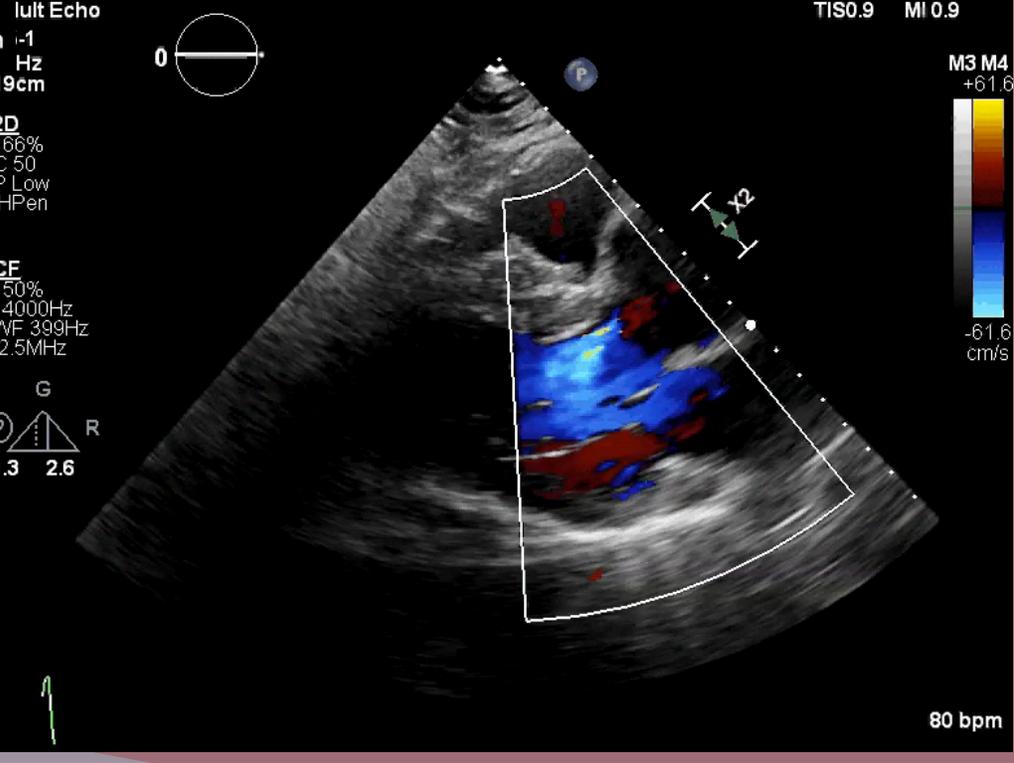
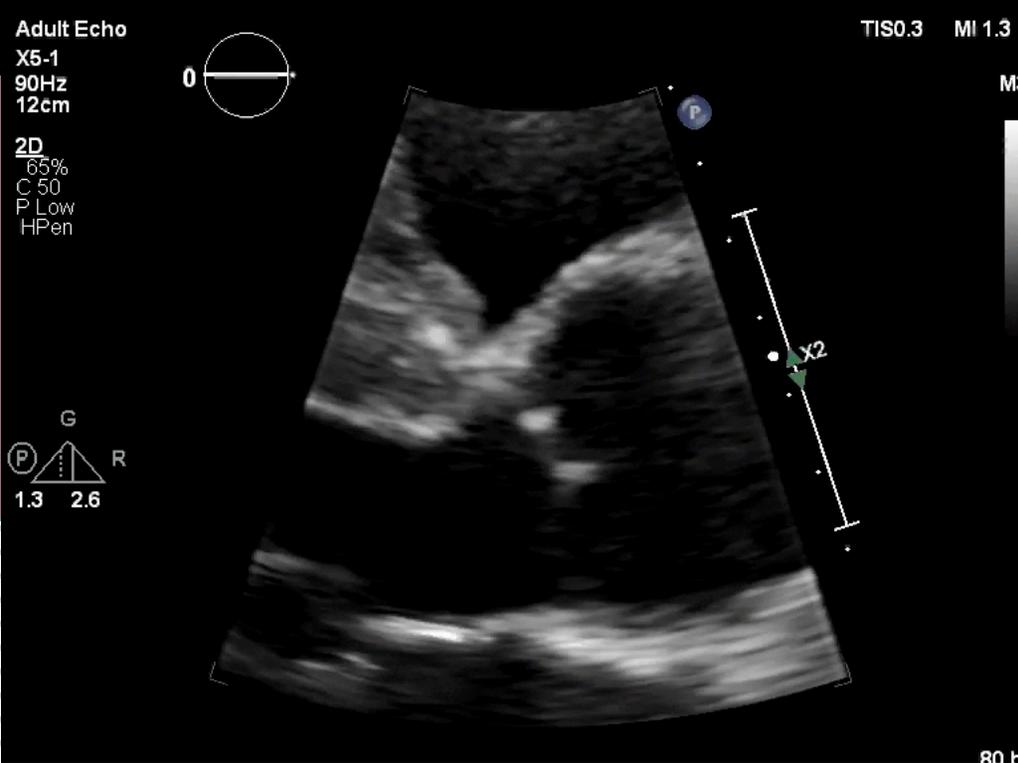
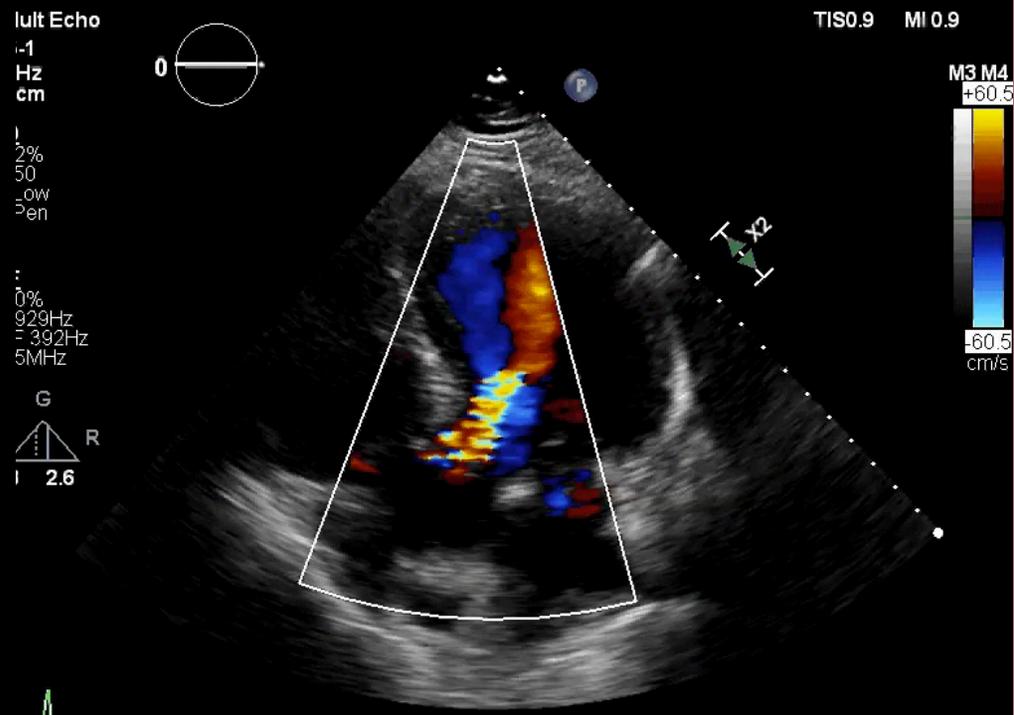
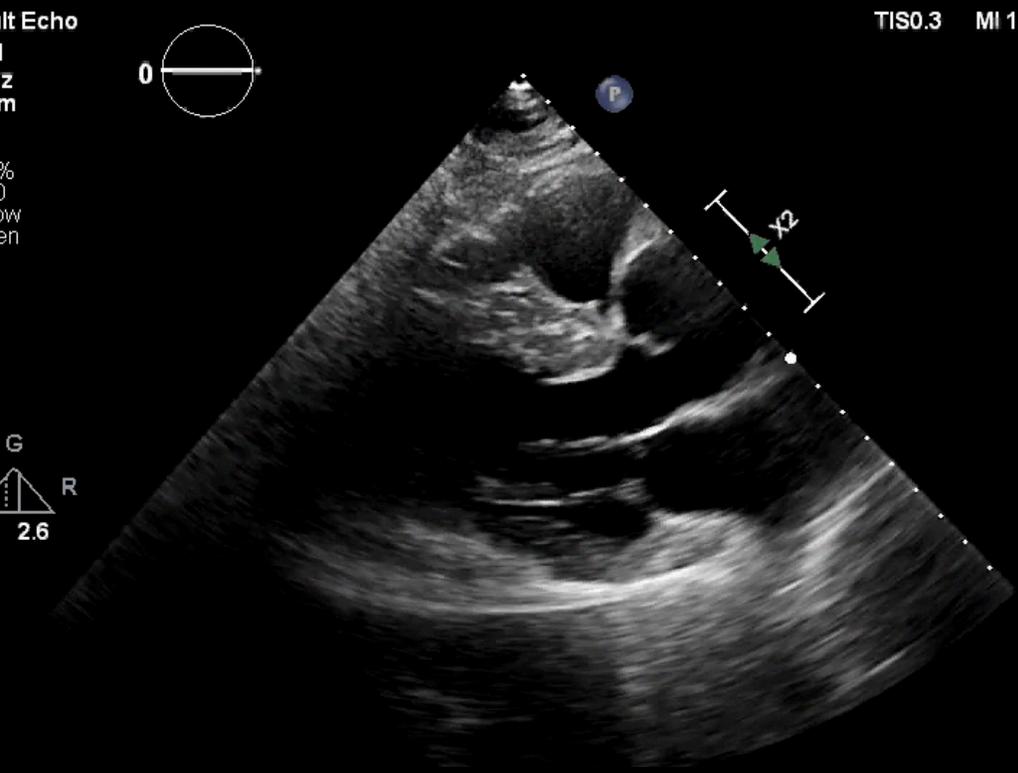
Maintenance of circular lumen



# Marfan Syndrome

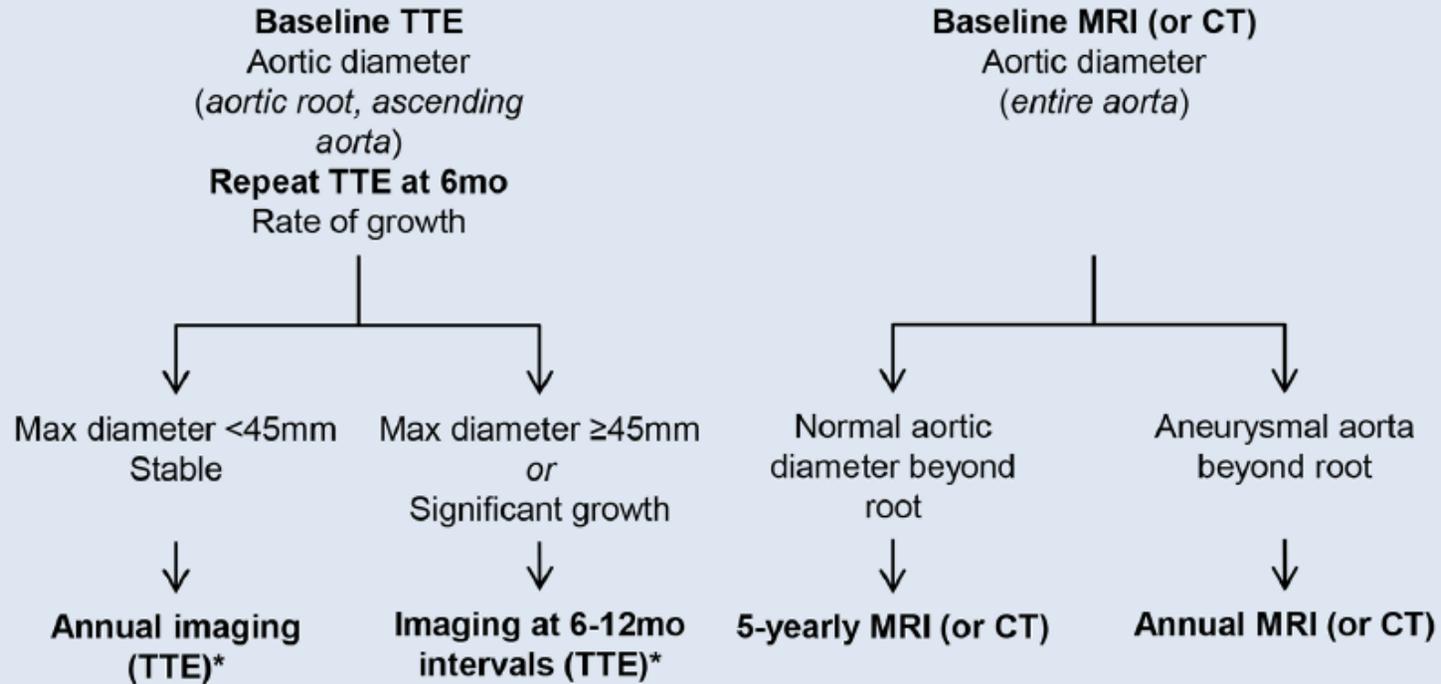
- ▶ It usually begins with dilatation of the aortic sinuses which progresses into the aortic root and ultimately into the aortic aneurysm
- ▶ Compared with atherosclerotic aortic aneurysms in Marfan, aortic aneurysms in younger patients and enlargement of the aorta
- ▶ Main mechanism for AI is c



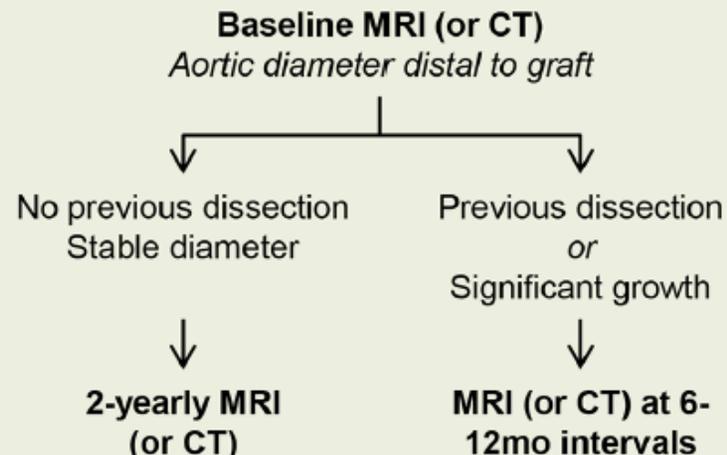


# Marfan Syndrome Aorta Surveillance

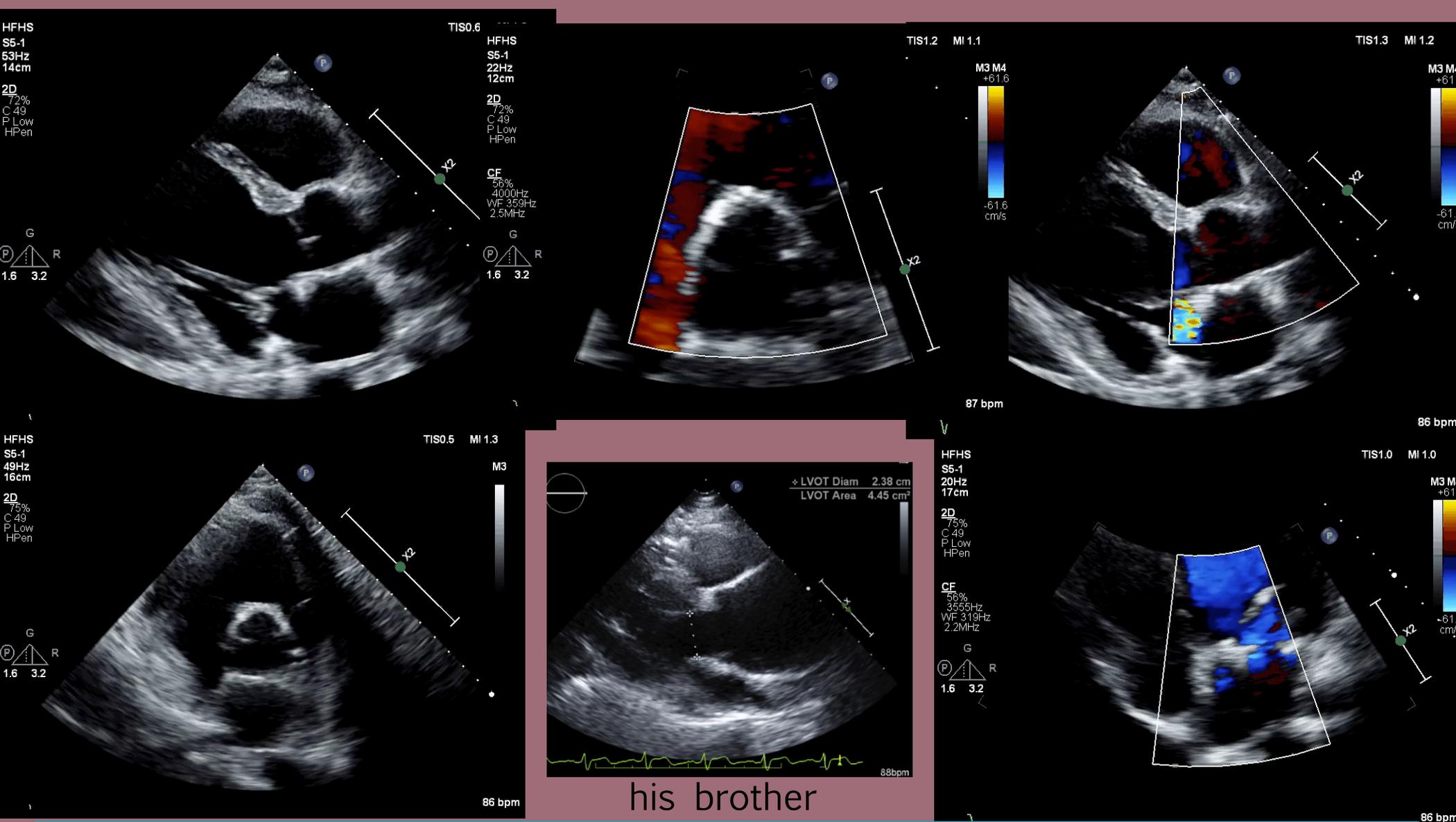
## NATIVE PROXIMAL AORTA



## AFTER PROXIMAL AORTIC REPLACEMENT



# Loeys-Dietz Syndrome



27 year old male with Loeys Dietz Syndrome, SMADD3 mutation and severe MVPS MR s/p MV replacement for followup for MR

# MRI surveillance



# Intense and Close Surveillance in LDS is Needed

## Imaging recommendations

Annual CTA or MRA performed from head to at least the pelvis [19, 32]

Run-off studies may be considered to evaluate for iliac aneurysms [30, 32]

3- to 6-month serial echocardiograms to evaluate valvular disease and aortic root dilation if initial measurements are abnormal; echo at 6 months and then annually if initial measurements are normal with minimal progression [5, 32]

Serial echocardiograms every 3 months for 1 year after aortic root grafting, then every 6–12 months thereafter if warranted based on severity of phenotype [32]

Cervical spine plain films with flexion and extension views to assess for instability, particularly prior to general anesthesia and/or surgery [3, 32]

Thoracolumbar spinal imaging to assess for scoliosis and spondylolisthesis [3]

DEXA scan to assess for osteopenia

## Surgical recommendations

*Children:* if clinical phenotype is severe, surgery once ascending aorta exceeds 99<sup>th</sup> percentile and annulus is at least 1.8 cm, or rapid expansion (>0.5 cm/year); timing depends on presence of TGFBR mutation, family history and ability to place graft of sufficient size to permit growth, among other factors [5, 32]

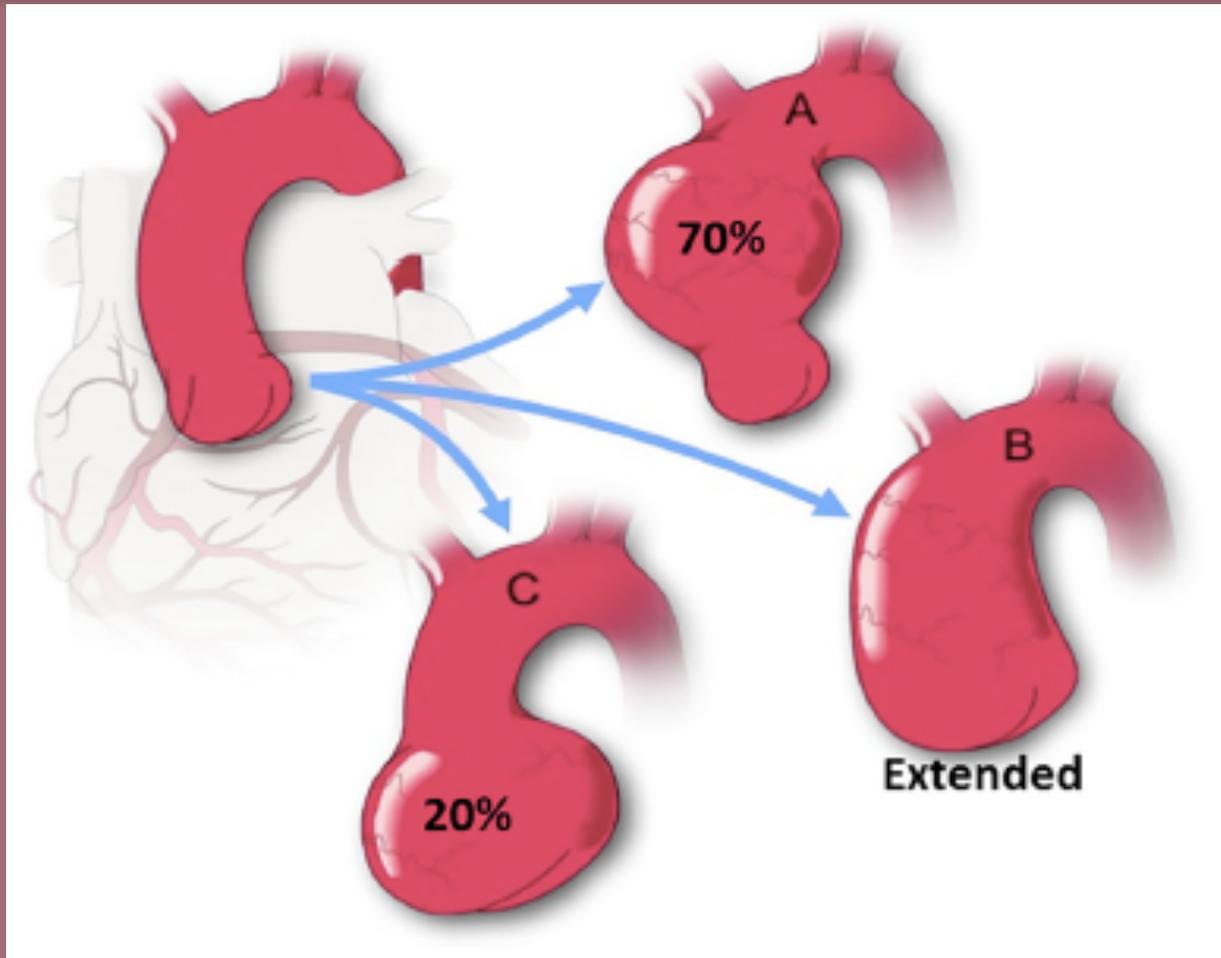
*Adolescents and adults:* 4.0-cm threshold for aortic root grafting, or rapid expansion (>0.5 cm/year) [17, 19]; some data to suggest 5.0-cm threshold in adult patients with less severe clinical phenotype [57]

*Pregnancy:* Elective early cesarean section may be recommended, with referral to high-risk OB/GYN clinic and prenatal diagnosis if disease-causing mutation is known [2]

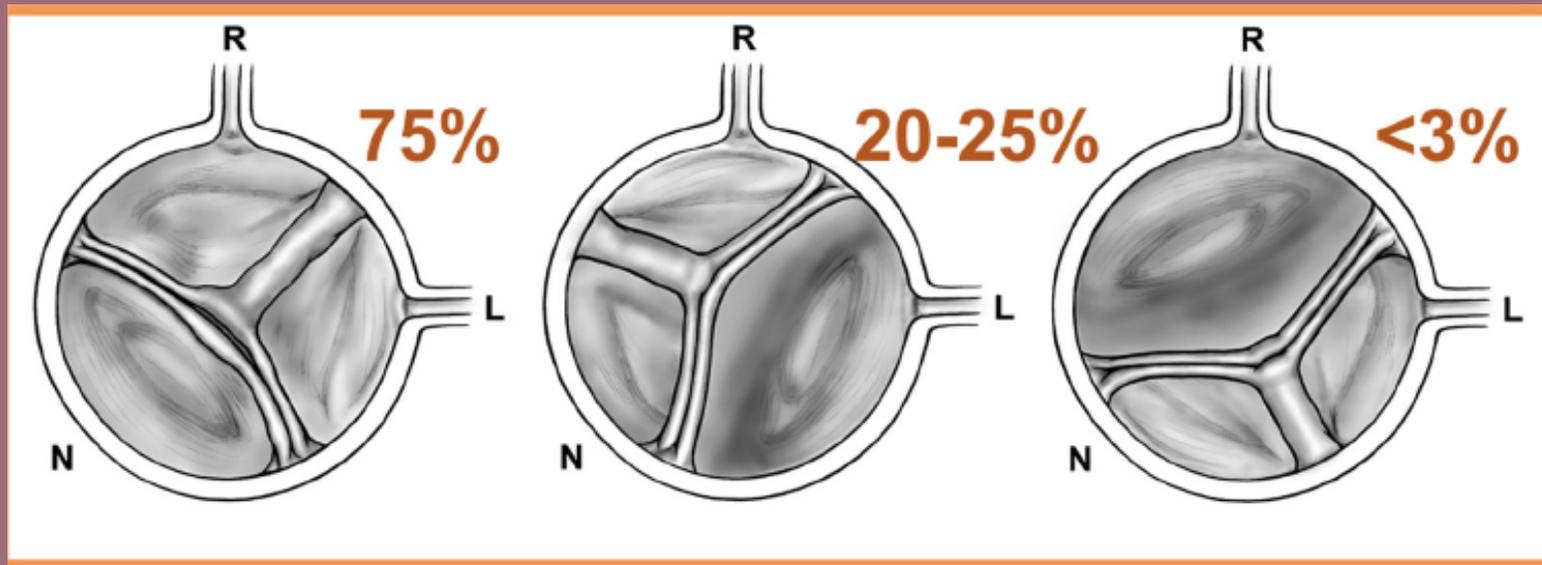
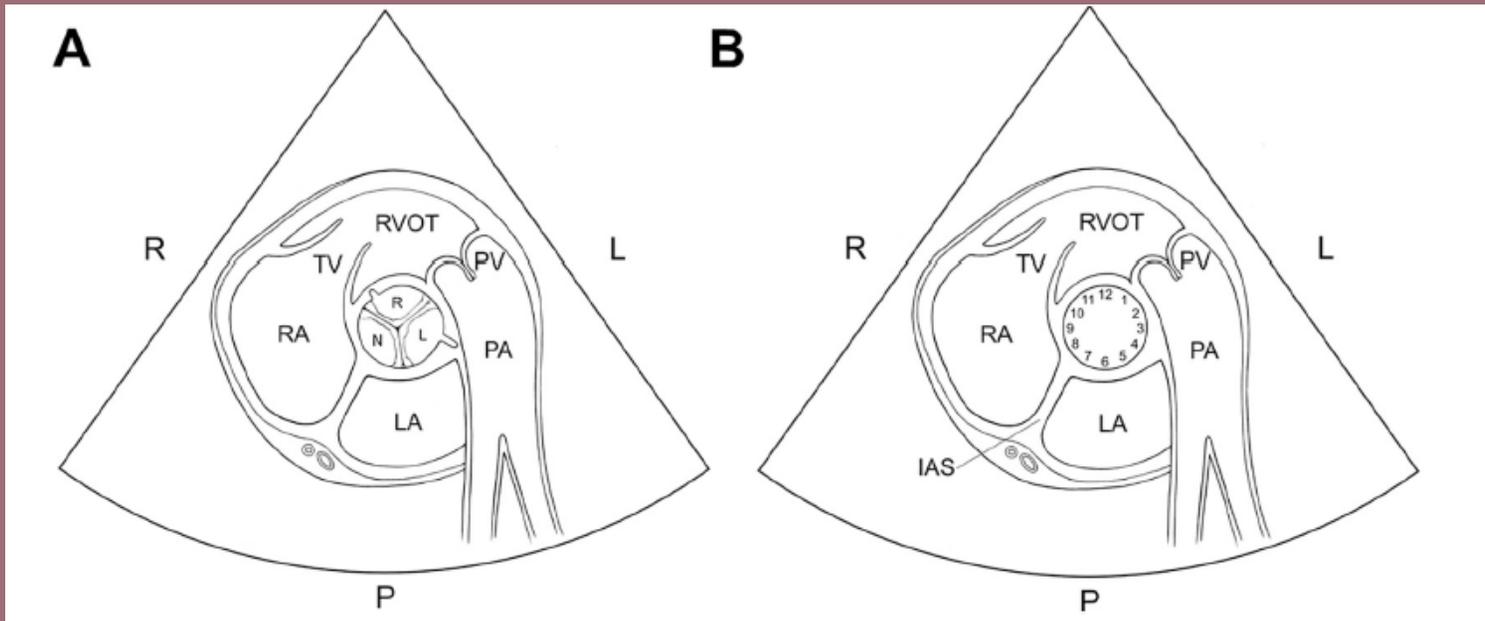
# Bicuspid Aortic Valve and Aortopathy

BAV is most common congenital disorder 0.5-1.5% of population

sporadic AD transmission : M: F = 3: 1

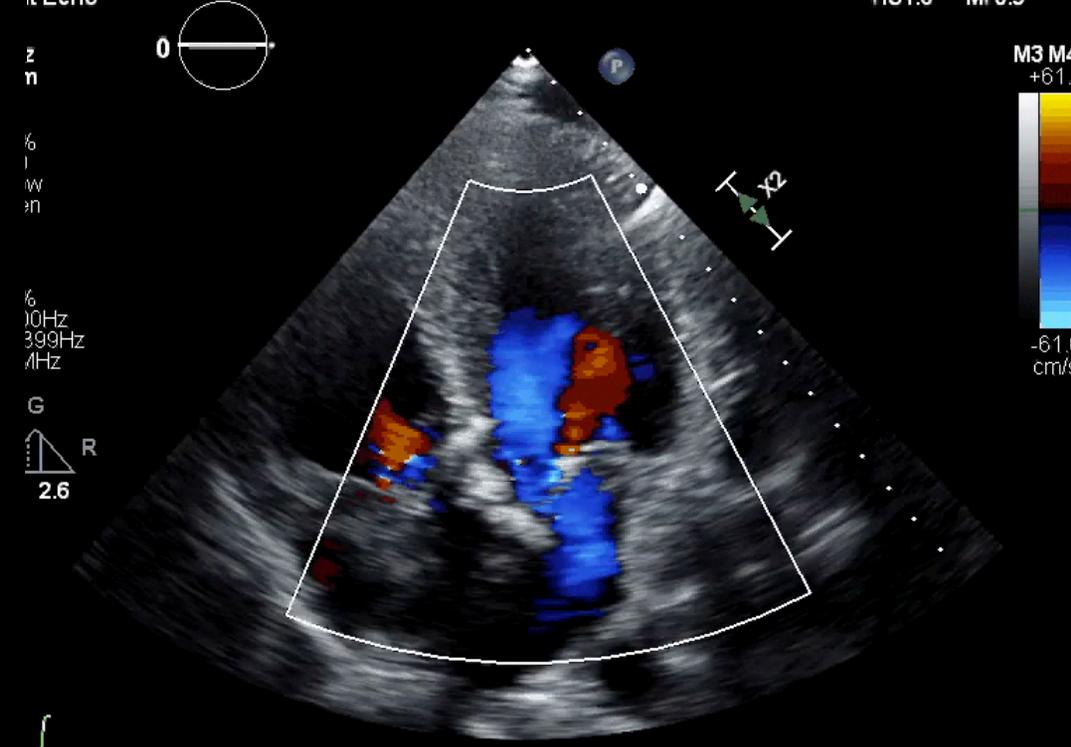
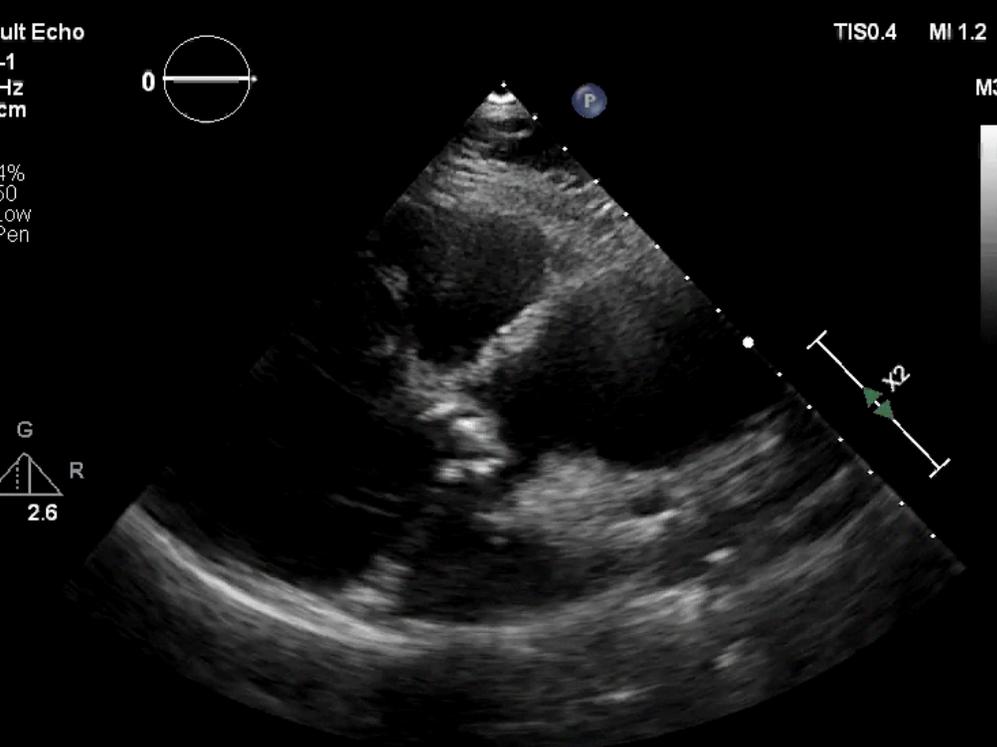
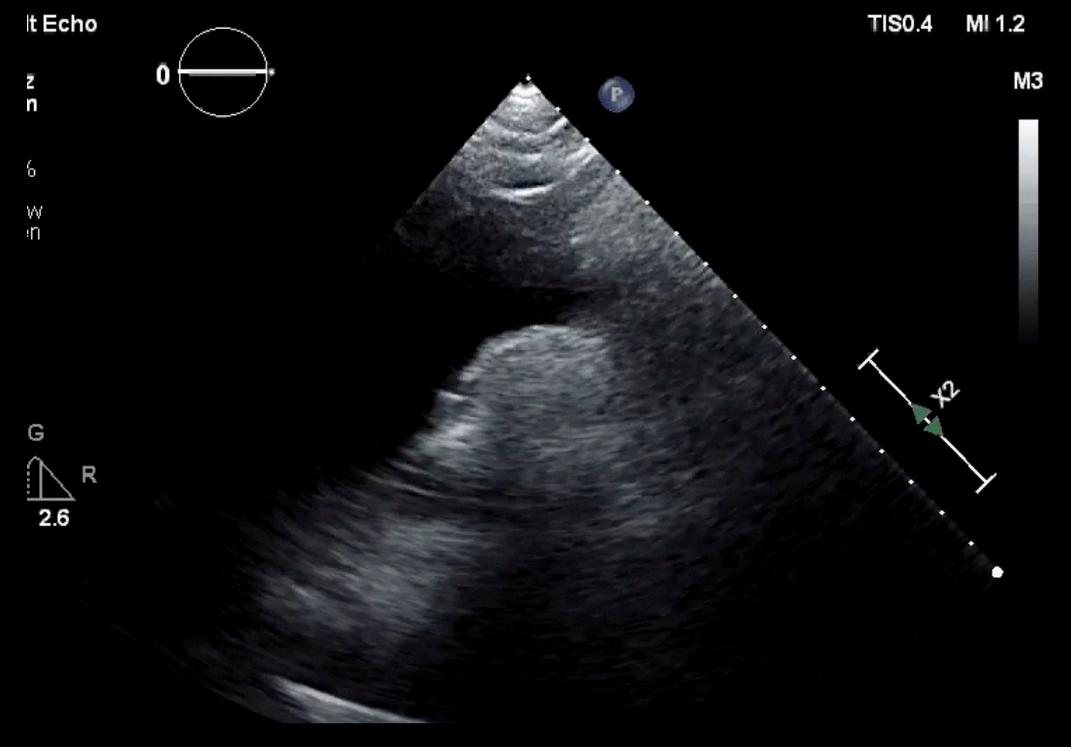
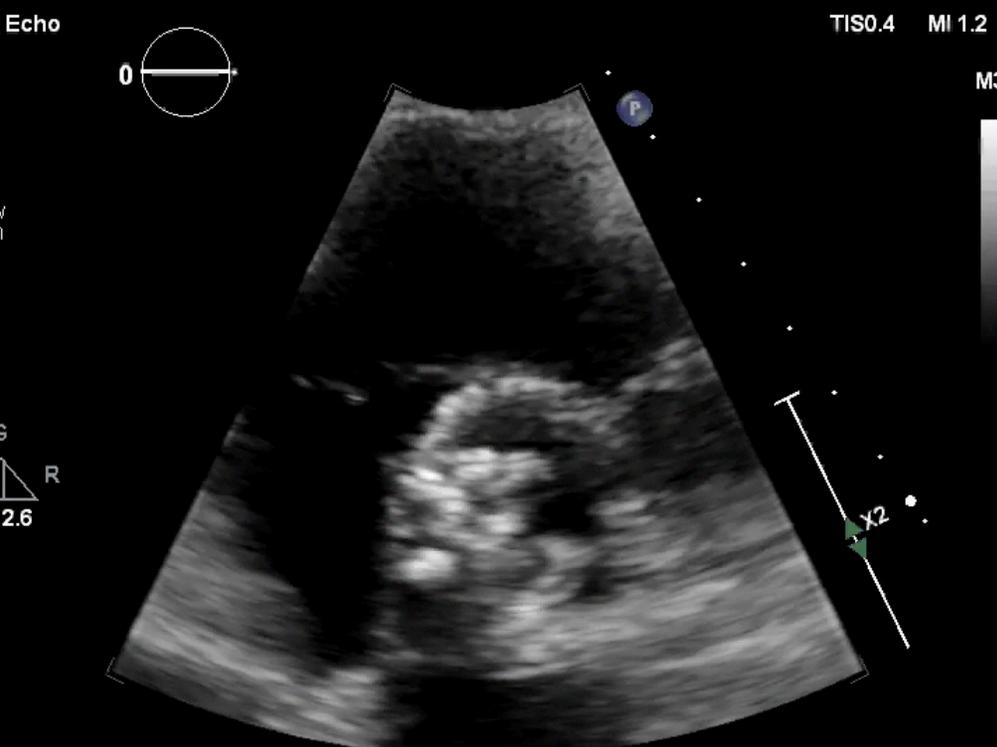


# Types of BAV fusion



# Aorta issues in BAV

- ◆ At autopsy upto 35% reported to have aortic involvement
- ◆ Can occur at any level mainly unto ascending aorta
- ◆ AS does not need to be present for aorta enlargement
- ◆ Intrinsic wall abnormalities ( elastin fragmentation, fibrillin issues, cellular apoptosis, MMP over expression , location of the outflow jet hitting aortic wall all contribute )



79 bpm

77 bpm

# BAV -Aorta surveillance

## Diagnostic/Baseline TTE\*

*Valve morphology/function*

*Ascending aortic diameter*

Aortic diameter

<40mm

40-45mm

≥45mm

Rate of growth

<3mm/y ↔ ≥3mm/y

Family history of dissection

NO ↔ YES

5-yearly TTE\*

2-yearly TTE\*

Annual TTE\*

Baseline MRI + Annual TTE\*

# BAV/Aortopathy

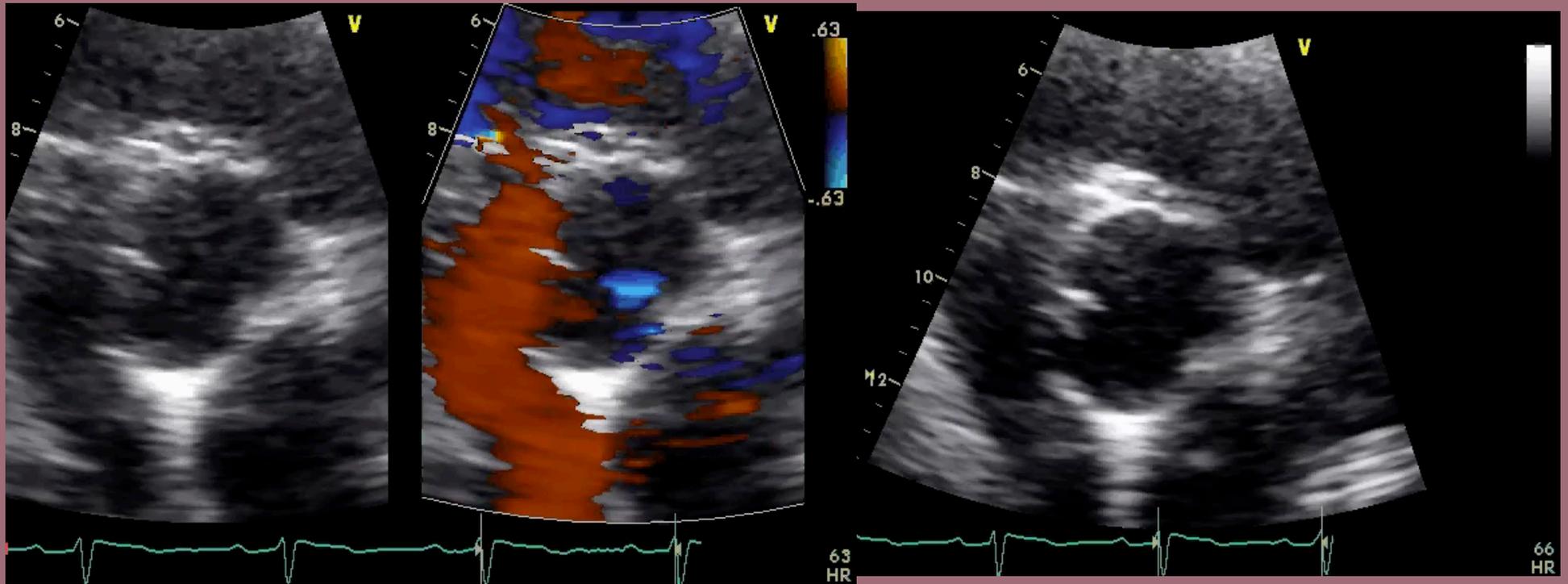
Shones complex

Williams syndrome

Turner syndrome

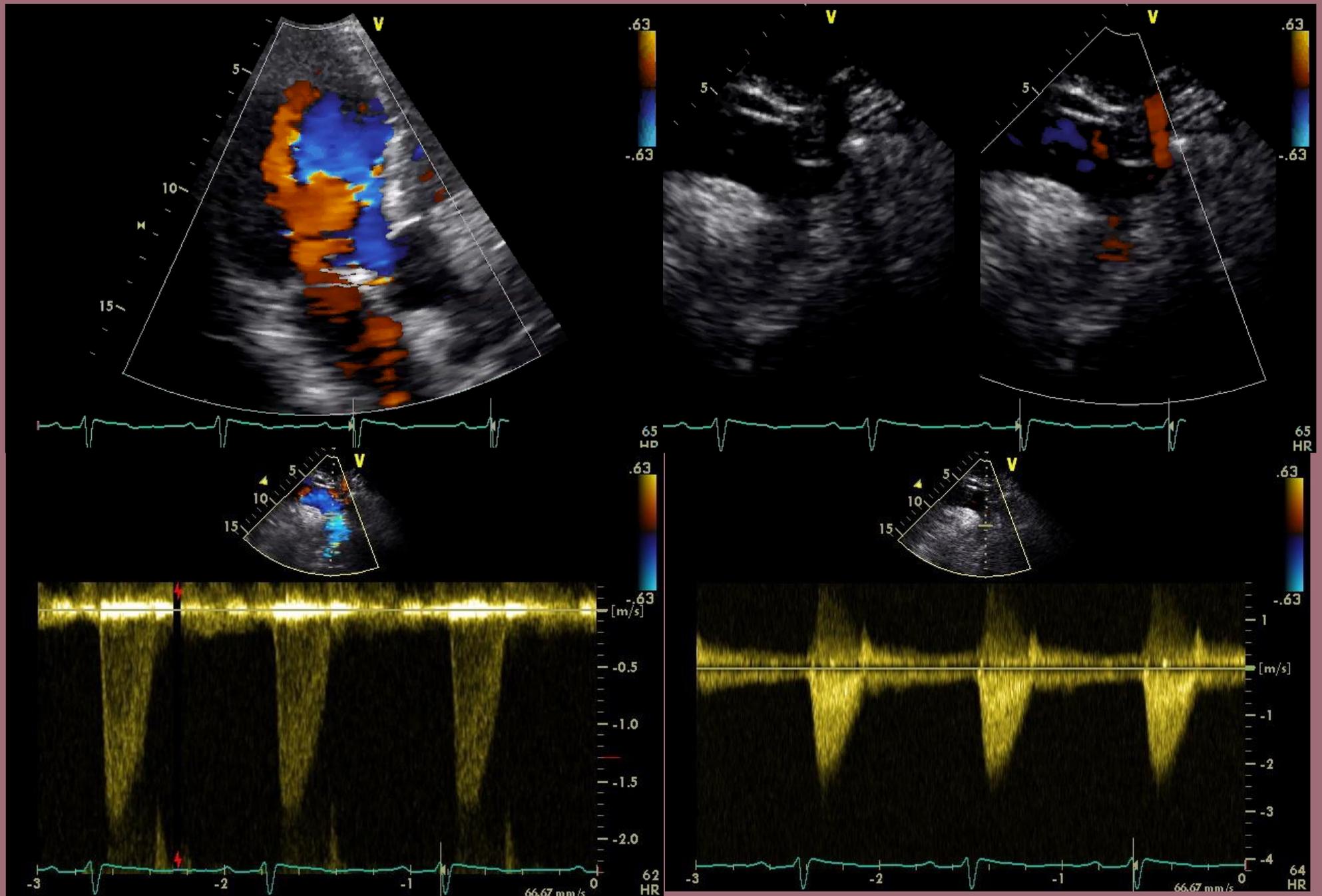
9% prevalence of BAV in 1st degree relatives  
ACC guidelines recommend echo screening  
in all first degree relatives  
1/3 of first degree relatives of BAV patients  
have aorta dilation despite trileaflet valves

40 year old male with HTN and with family history of bicuspid aortic valve and heart murmur



50-70% of Coarctation cases have associated BAV  
< 10% of cases of BAV have associated Coarctation  
Remember Shone complex association /Turner syndrome

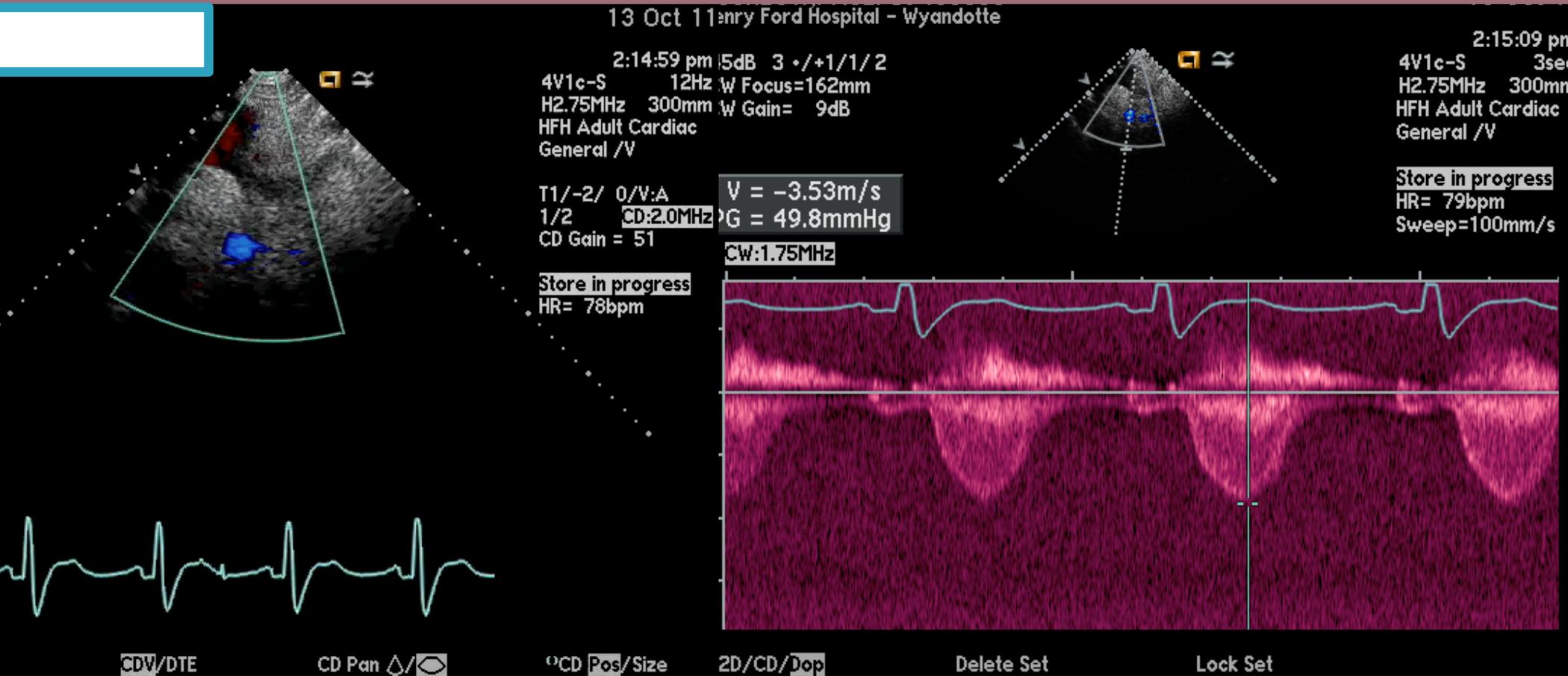
# Mild Coarctation



# Coarctation of the Aorta

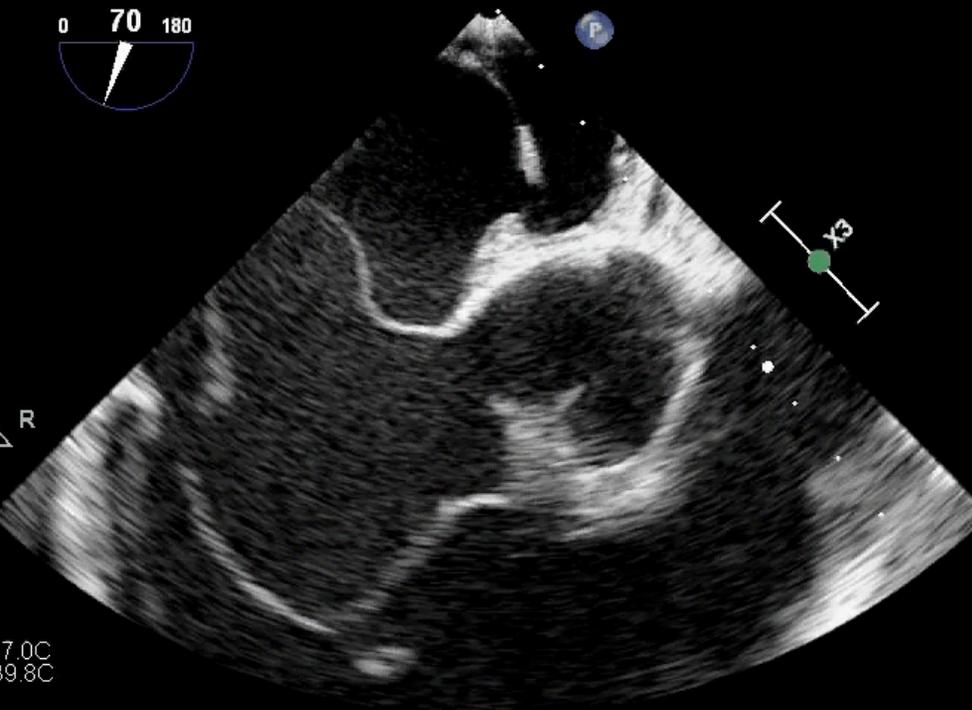
- ▶ Usually just distal to the Left SC artery ( Preductal or post ductal).
- ▶ Best seen on suprasternal windows.
- ▶ Doppler:
  - Peak gradient can be obtained,
  - Look for persistent diastolic flow.
- ▶ Account for Proximal velocity if  $>1.5$  m/s.
- ▶ Peak gradient calculation ( remember prox velocity) as part of Bernoulli equation

# Severe Coarctation



# Sinus of Vasalva ANEURYSM

- ▶ most often arise from the right sinus.
- ▶ highly variable in size and by definition communicate with the sinus by a relatively wide mouth.
- ▶ typically protrude down into the right atrium
- ▶ rupture typically causes acute decompensation
- ▶ continuous murmur



X7-2t  
56Hz  
11cm

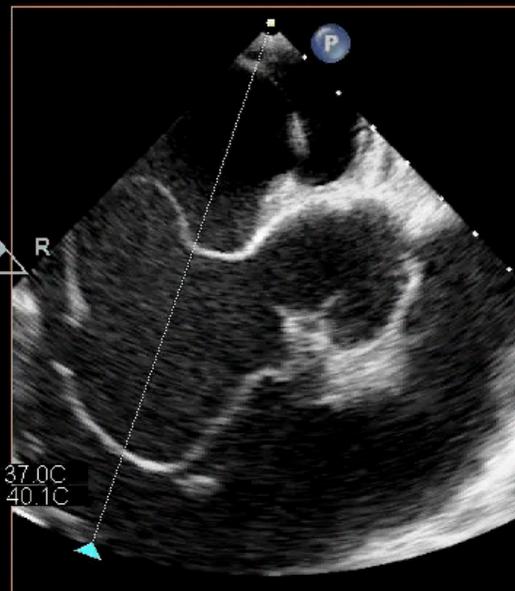
xPlane  
52%  
52%  
50dB  
P Off  
Gen



M4

7.0C  
19.8C

PAT T: 37.0C  
TEE T: 40.1C



96 bp

X7-2t  
17Hz  
12cm

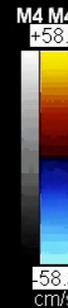
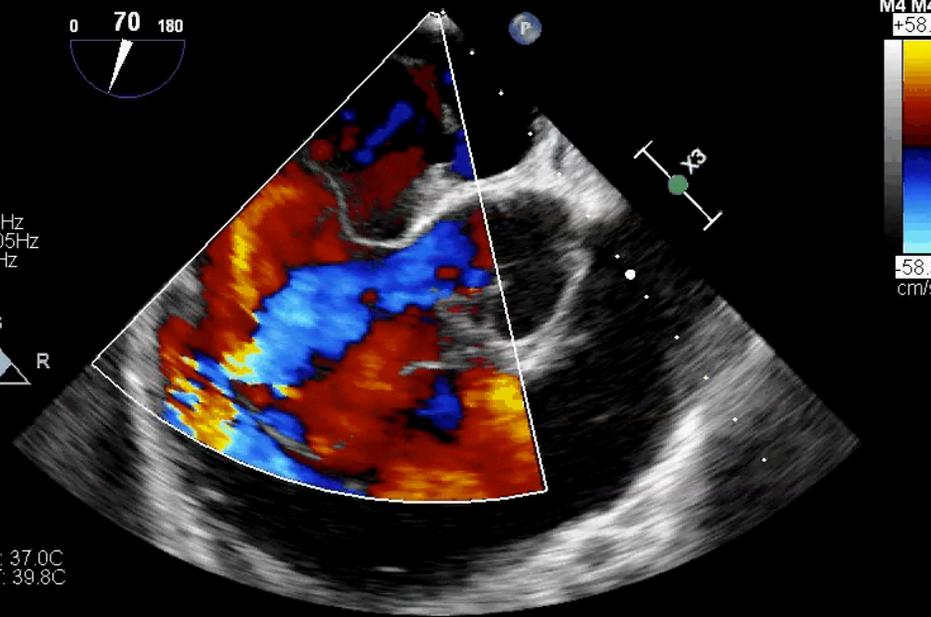


2D  
59%  
C 50  
P Off  
Gen

CF  
43%  
6725Hz  
WF 605Hz  
4.4MHz



PAT T: 37.0C  
TEE T: 39.8C



# Aortic Atheroma

- ▶ DA>Arch>Aao.
- ▶ The morphology of atheromatous plaques is dynamic, with frequent formation and resolution of mobile components.
- ▶ Highly prevalent (51% of the population over 45 years)
- ▶ Simple vs Complex

# Aortic Atheromas

## Simple Atheromas

Protruding

< 4 mm

No mobile debris

No surface ulceration

## Complex Atheroma

Protruding

> 4 mm

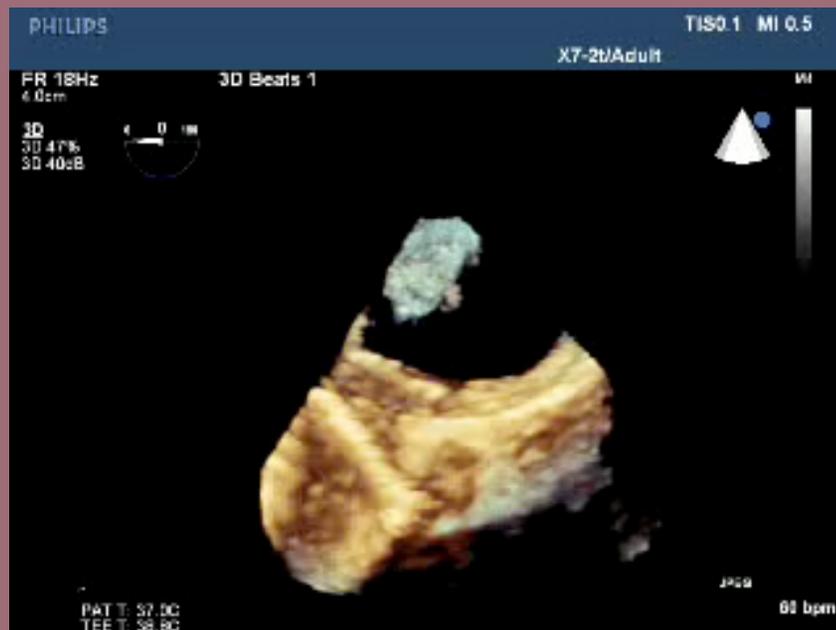
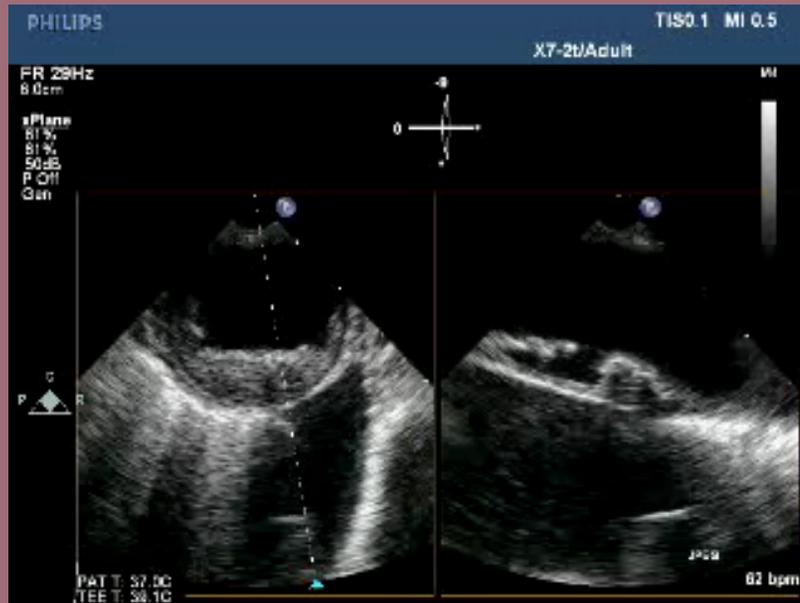
Mobile debris

> 2mm ulceration

### Grading of aortic atheroma

Grade	Description	Percentage of incidence of stroke (%)
1	Normal aorta	0
2	Extensive intimal thickening <3 mm	0
3	Protrudes <5 mm into aortic lumen	5
4	Protrudes >5 mm into aortic lumen	10.5
5	Mobile atheroma	46.5

# Complex Atheroma



# Pregnancy In Aortopathies

## ▶ PREGNANCY (WISH)

### ▶ Counselling

- Women with aortic dilatation and/or genetic aortopathy contemplating pregnancy should be counselled about the risk for aortic dissection and the hereditary nature of the disease. Pregnancy should be discouraged if aortic diameter has reached the threshold for prophylactic surgery ([table 3](#)). Prepregnancy aortic surgery should be considered\*

### ▶ Pharmacological treatment

- Strict blood-pressure control is indicated
- Start  $\beta$ -blocker therapy in women with genetic aortopathy syndrome, aortic dilatation and/or (history of) type B aortic dissection
- Angiotensin receptor blockers/ACE inhibitors are contraindicated: switch to  $\beta$ -blockers as soon as contraceptives are stopped

### ▶ Imaging

#### ▶ *Prepregnancy*

- MRI (or CT) imaging of the entire aorta advisable

#### ▶ *During pregnancy*

- Aortic root/ascending aortic dilatation and/or genetic aortopathy syndrome: transthoracic echocardiography per 4–8 weeks
- Dilatation beyond distal ascending aorta: MRI (without gadolinium)

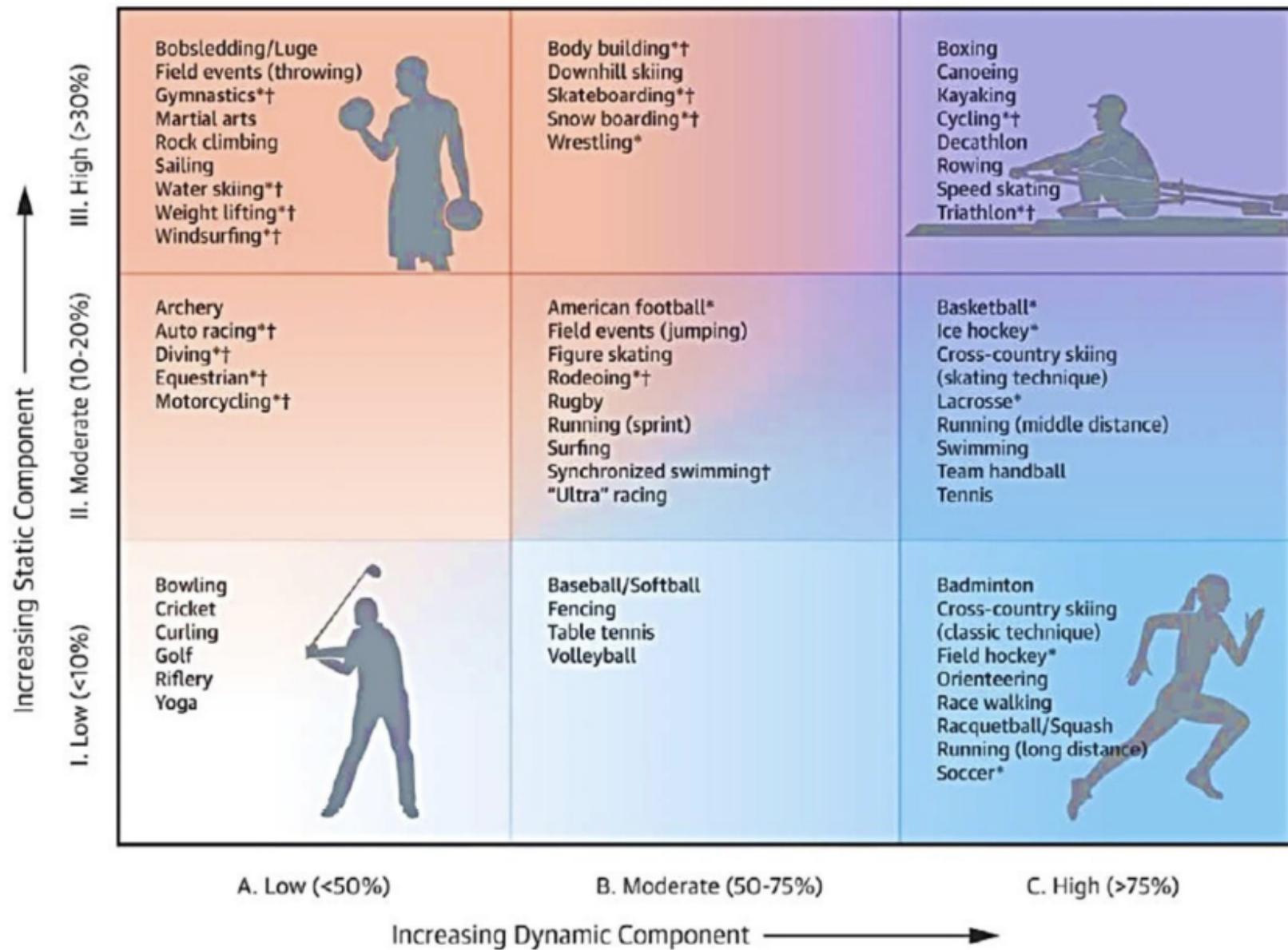
# Pregnancy and Surgery

## Recs In Aortopathies

- ▶ *During pregnancy*
  - Indications: type A dissection; type B dissection, if complicated by malperfusion or aortic rupture (otherwise, medical treatment with MRI monitoring); prophylactic, aortic diameter =50 mm with rapid growth
  - First/second trimester (=28 weeks), fetus not viable: aortic repair with intensive fetal monitoring
  - Third trimester (=29 weeks), fetus viable: urgent caesarean section directly followed by aortic surgery
- ▶ **DELIVERY**
- ▶ **At centre where cardiothoracic surgery is available**
- ▶ **Mode of delivery**
  - Aortic root/ascending aortic diameter <40 mm: vaginal delivery favoured
  - Aortic root/ascending aortic diameter 40–45 mm: consider vaginal delivery with epidural anaesthesia and expedited second stage (eg, forceps, vacuum delivery) or caesarean delivery
  - Aortic root/ascending aortic diameter >45mm: consider caesarean delivery
- ▶ **Timing**
  - Consider elective caesarean delivery in Loeys-Dietz syndrome, vEDS or non-syndromic familial thoracic aortic aneurysms and dissections and aortic dilatation

# Sports in Aortopathies

- Conditions
- Marfan syndr
- All patients
- No risk-increas
- Risk-increasing  
- Aortic root/as
- Moderate mitra
- Chronic disse
- dissection/sudc
- Vascular Ehler
- All patients
- Bicuspid aorti
- Ascending aort
- Ascending aort
- Ascending aort

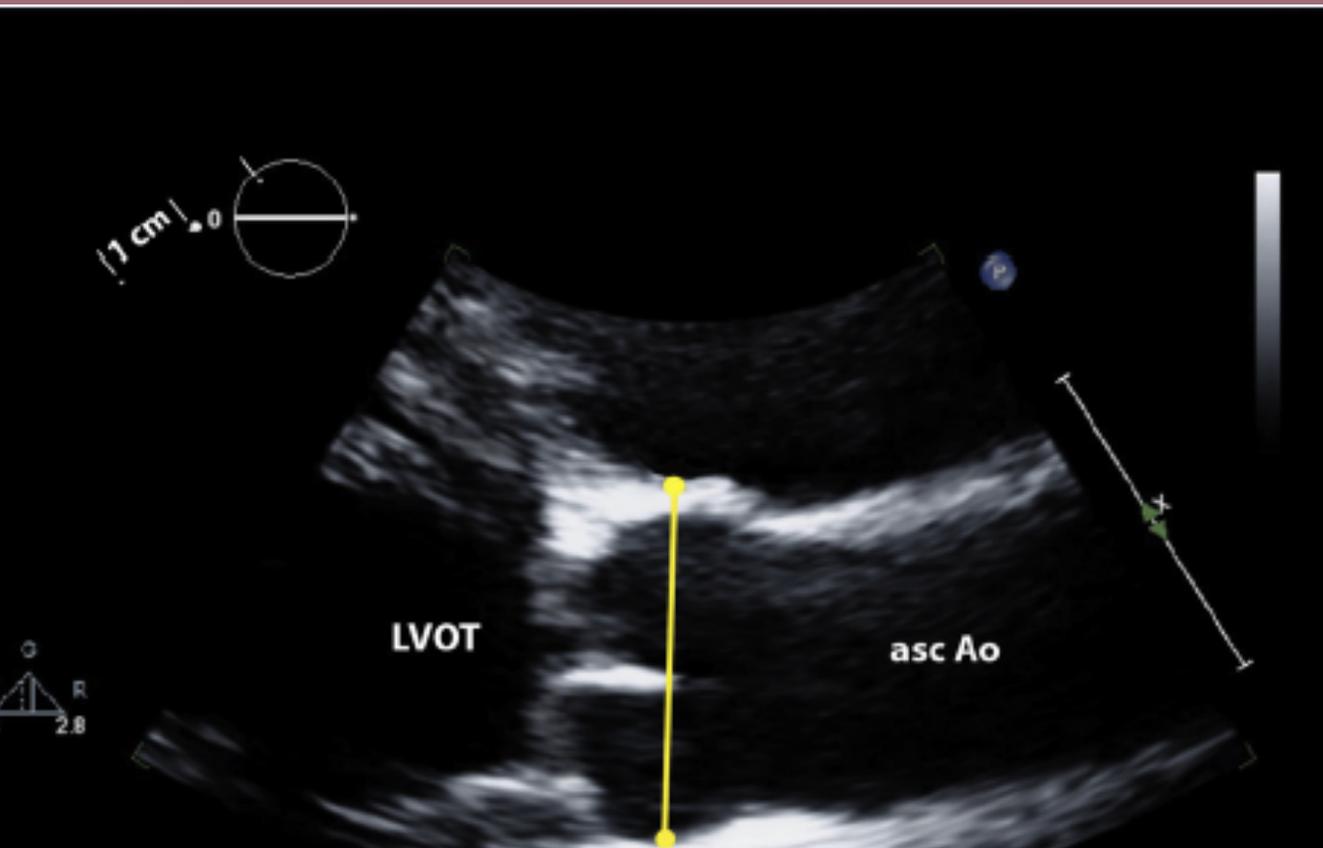


# Thresholds for surgical referral: Thoracic Aneurysms

## Recommendations for Surgical Repair of Thoracic Aortic Aneurysms

Etiology	Size Threshold for Repair
Symptomatic aneurysm (regardless of etiology)	Any size causing symptoms (dissection, pain, compression)
Degenerative	5.5 cm
BAV	5-5.5 cm; aortic area/height $>10 \text{ cm}^2/\text{m}$
Marfan	4-5 cm; aortic area/height $>10 \text{ cm}^2/\text{m}$
Loeys-Dietz	4.2-4.6 cm
Turner	$2.5 \text{ cm}/\text{m}^2$
Requiring other cardiac surgery	4.5 cm

# Question 1



The following measurement of the aortic root on 2D TTE follows ASE guidelines

a **true**

b false

Measurement tips

should be made perpendicular to long axis of aorta

largest diameter from right coronary sinus to non coronary sinus

leading edge to leading edge ; preferable in diastole

Contrast that with LVOT measurement : mid systole / inner edge to inner edge

# Question 2

normal suprasternal view  
arch dissection  
arch aneurysm  
anomalous venous drainage

?

Correct answer : normal suprasternal view

ECHO

X5-1  
13Hz  
20cm

2D  
78%  
C 48  
P Med  
HPen

CF  
48%  
3883Hz  
WF 388Hz  
2.5MHz

TIS1.0 MI 0.9

M4

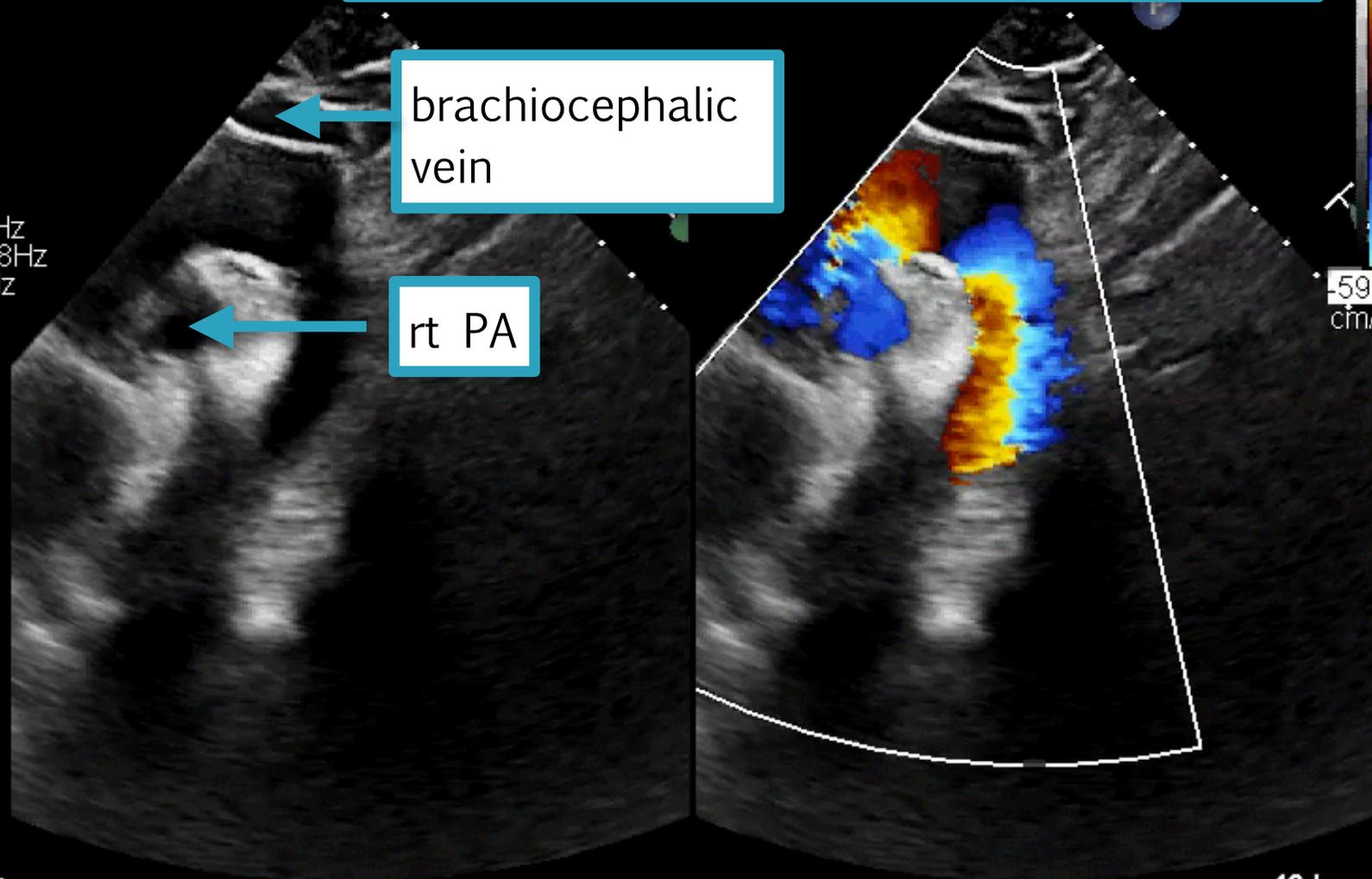
+59.8

-59.8  
cm/s

brachiocephalic  
vein

rt PA

49 bpm



# Question 3

Which of the following conditions associated with aortic aneurysms is caused by TGF-Beta or SMAD3 mutation with systemic connective tissue involvement ?

- a. Bicuspid Aortopathy
- b. Loey Dietz syndrome**
- c. Marfan syndrome
- d. Ehlers-Dalos syndrome

## Surveillance

annual or biannual  
echocardiograms

annual computed tomography  
angiography (CTA) or magnetic  
resonance angiography (MRA)  
brain to pelvis

cervical spine X-rays

# Question 4

Which of the following characteristics is true for identifying a false lumen (FL) from true lumen (TL) in aortic dissection ?

1. FL is smaller in size than true
2. Systolic compression is usually seen with FL
3. Color flow can be seen from FL to TL
4. Flow is brisk in FL

Thank you